

# Respect (CBA 2024)

COPPERKNOB  
STEPSHEETS

拍數: 96      牆數: 2      級數: Phrased Intermediate  
編舞者: Mark Furnell (UK) & Chris Godden (UK) - December 2023  
音樂: Dreamers (Music from the FIFA World Cup Qatar 2022 Official Soundtrack) - Jung Kook



Intro: i{ 32 }Counts, Start at approx x{ 17 }secs  
Sequence: s{ A, B, B (48 Counts), A, B, A, B }

## Part A: 32c

### SEC 1 Arm Raise, Arm Pull

1-4            Raise right arm to right side to shoulder height palm up over 4 counts  
5-8            Pull right arm towards body with closed fist over 4 counts

### SEC 2 Arm Raise, Arm Pull

1-4            Raise left arm to left side to shoulder height palm up over 4 counts  
5-8            Pull left arm towards body with closed fist over 4 counts

### SEC 3 Raise Arms, Open Arms

1-4            With left arm crossed over right raise both arms to shoulder height over 4 counts  
5-8            Open both arms to respective side

### SEC 4 Raise Arms, Pull Arms

1-4            Drop arms down then raise both arms up in front of body palms up over head height over 4 counts  
5-8            Pull both arms down with closed fists over 4 counts

## Part B: 64c

Note Second time Part B is danced omit the Arms in SEC 1 to SEC 4

### SEC 1 Rock, Side Rock, Weave, Together, 1/8 Jazzbox

1&            Rock right forward, recover weight onto left  
2&            Rock right to right, recover weight onto left  
3&4          Step right behind left, step left to left, cross right over left  
&5-6        Step left beside right, turn 1/8 left cross right over left, step left back (10:30)  
7-8          Step right to right, step left forward

Arms On count 8 take right arm to right side at shoulder height

### SEC 2 Together, Hold, Back, 1/8 Side, Weave

1-2            Step right beside left, hold

Arms On count 1 place right fist on heart with closed fist

Note On second time Part B is dance, Pop both knees forward instead of Holding on count 2

3-4            Step left back, turn 1/8 right step right to right (12:00)  
5-6            Cross left over right, step right to right  
7-8            Step left behind right, step right to right

### SEC 3 Rock, Side Rock, Weave, Together, 1/8 Jazzbox

1&            Rock left forward, recover weight onto right  
2&            Rock left to left, recover weight onto right  
3&4          Step left behind right, step right to right, cross left over right  
&5-6        Step right beside left, turn 1/8 right cross left over right, step right back (1:30)  
7-8            Step left to left, step right forward

Arms On count 8 take right arm to right side at shoulder height

### SEC 4 Together, Hold, Back, 1/8 Side, Weave

1-2 Step left beside right, hold

**Arms On count 1 place right fist on heart with closed fist**

**Note On second time Part B is dance, Pop both knees forward instead of Holding on count 2**

3-4 Step right back, turn  $\frac{1}{8}$  left step left to left (12:00)

5-6 Cross right over left, step left to left

7-8 Step right behind left, step left to left

**SEC 5 Samba Step, Samba Step, Cross,  $\frac{1}{2}$  Hinge, Touch**

1&2 Cross right over left, rock left to left, recover weight onto right

3&4 Cross left over right, rock right to right, recover weight onto left

5 Cross right over left

6-7 Turn  $\frac{1}{4}$  right step left back, turn  $\frac{1}{4}$  right step right to right (6:00)

8 Touch left beside right

**SEC 6 Dorothy Step, Dorothy Step, Step,  $\frac{1}{2}$  Bounce Heels, Sweep**

1-2& Step left forward to left diagonal, lock right behind left, step left forward

3-4& Step right forward to right diagonal, lock left behind right, step right forward

**\*Restart Here second time Part B is danced, add the following then restart**

**\*5 Step left to left**

**\*6-8 Hold for 3 counts.**

5 Step left forward

6-8 Turn  $\frac{1}{2}$  right bouncing both heels twice, sweep right from front to back (12:00)

**SEC 7 Sailor Step,  $\frac{1}{4}$  Sailor Step, Rock Sweep, Back Sweep, Weave**

1&2 Step right behind left, step left to left, step right to right

3&4 Step left behind right, step right to right, turn  $\frac{1}{4}$  left step left forward (9:00)

5-6 Rock right forward, recover weight onto left sweeping right from front to back (9:00)

7 Step right back sweeping left from front to back

8&1 Step left behind right, step right to right, cross left over right

**SEC 8 Hold, Ball Touch,  $\frac{1}{2}$  Unwind, Step,  $\frac{1}{2}$  Pivot,  $\frac{1}{4}$  Side, Together Pop Knee**

2&3 Hold, step right to right, touch left behind right

4 Unwind  $\frac{1}{2}$  left transferring weight on to left (3:00)

5-6 Step right forward, pivot  $\frac{1}{2}$  left transferring weight on to left (9:00)

7-8 Turn  $\frac{1}{4}$  left step right to right, step left beside right popping right knee

**Ending At the end of the dance on last touch, Tap right fist on heart twice**

**Last Update: 30 Jan 2024**

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