

Long Long New Year 2024 (龍年)

COPPER KNOB
STEPPERS

拍數: 140 牆數: 1 級數: Phrased Beginner
編舞者: Tri Retno Sukeksi (INA) - January 2024
音樂: Long Long New Year (龍龍的新年) - Bingyen (郑斌彦), Edison (愛迪生), Liu Yi Xing (劉伊幸), Shi Hao (王希豪) & Xiao Ai Long (小愛龙)



- 2 Tags : Tag1=8C, Tag2=4C

Phrase : A=72C, B=48C, C=20C

Sequence : A,B,C,Tag1,C,A,B,C,Tag2,B,C,C

Music : Long Long New Year - Lagu Imlek 2024 - Tahun Baru Naga

A = 72 C

Section 1 (8C) R VINE CROSS, SIDE STEP, TOGETHER, CROSS. HOLD.

1-2-3-4 (1-2) Step RF to R, Cross LF behind RF, (3-4) Step RF to R, Cross LF over RF

5-6-7-8 (5-6) Step RF to R, Step LF beside RF, (7-8) Cross RF over LF, Hold

Section 2 (8C) L VINE CROSS, SIDE STEP, TOGETHER, CROSS, HOLD.

1-2-3-4 (1-2) Step LF to L, Cross RF behind LF, (3-4) Step LF to L, Cross RF over LF

5-6-7-8 (5-6) Step LF to L, Step RF beside LF, (7-8) Cross LF over RF, Hold

Section 3 (8C) SIDE STEP, TOUCH

1-2-3-4 (1-2) Step RF to R, Touch LF Beside RF. (3-4) Step LF to L, Touch RF Beside LF

5-6-7-8 repeat 1-2-3-4

Section 4 (8C) WALK AROUND A FULL CIRCLE OVER THE RIGHT SHOULDER.

1-2-3-4-5-6-7-8 walk around a full circle RF-LF-RF-LF-RF-LF-RF-LF

Do step section 1-4 twice (X2)

Section 5 (8C) PADDLE TURN L 1/4 FOUR TIMES (X4)

1-2-3-4-5-6-7-8 (1-2) Step RF forward on Ball, 1/4 turn L weight on LF.

Repeat (1-2) four Times (X4)

B = 16C X 3 = 48C

Section 1 (8C) DIAGONAL FORWARD DOUBLE STEP, TOUCH

1-2-3-4 (1-2) Step RF to R diagonal forward, Step LF beside RF, (3-4) Step RF to R diagonal forward, Touch LF Beside RF.

5-6-7-8 (5-6) Step LF to L diagonal forward, Step RF beside LF, (7-8) Step LF to L diagonal forward, Touch RF Beside LF.

Section 2 (8C) DIAGONAL BACK SINGLE STEP, TOUCH

1-2-3-4 (1-2) Step RF to R diagonal Back, touch LF beside RF. (3-4) Step LF to L diagonal Back, touch RF beside LF.

5-6-7-8 repeat step 1-2-3-4

Do step Section 1-2 three Times (X3)

C = 20C

Section 1 (8C) V STEP X2

1-2-3-4 (1-2) Step RF to R diagonal forward, Step LF to L diagonal forward, (3-4) Step RF Back to center, Step LF beside RF

5-6-7-8 repeat step 1-2-3-4

Section 2 (12C) JAZZ BOX X3

1-2-3-4 (1-2) Cross RF over LF, Step LF back, (3-4) Step RF to R, Step LF forward

Do step 1-2-3-4 three Times (X3)

Tag 1 : (8C)

1-2-3-4-5-6-7-8 Side Step and hold

rotate both hands in a circle from left to top to right.

Tag 2 : (4C)

1-2-3-4 Side Step and hold

Clench both hands in front of your chest. (Greetings Gong Xi)

Sequence : A, B, C, Tag1 , C, A, B, C, Tag2 , B, C, C

Happy Dancing for Healthy

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