

拍數: 32 牆數: 2 級數: Improver - Non-Country
編舞者: Allyn Harker (USA) - January 2024
音樂: Pretty Girl Era - LU KALA



START after 32 counts

[1-8] R HEEL GRIND, WEIGHT SHIFT x 2, CAMEL WALKS x 3

- 1& Cross R heel over LF, fanning toes from L to R, Shift weight back to LF
- 2. ¼ turn to 3 o'clock, RF step side
- 3&4 Shift weight to LF(3), Shift weight to RF(&), Shift Weight to LF(4)
- 5. Step forward on R and pop L knee
- 6. Step forward on L and pop R knee
- 7. Step forward on R and pop L knee
- 8& ¼ turn back to 12 o'clock LF step side (&), point RF side (8)

[9-16] KICK DIP STEP FORWARD x2, BACKWARD STEP SWEEP x3

- 1&2 Kick RF forward (1), step RF in place and lower by bending at the hip and knee(&), step LF forward(2)
- 3&4 Kick RF forward (3), step RF in place and lower by bending at the hip and knee(&), step LF forward(4)
- 5 RF step back while LF sweeps around from front to back
- 6 LF step back while RF sweeps around from front to back
- 7 RF step back while LF sweeps around from front to back
- 8 LF step back

[17-24] HIP SWAYS WITH HIP BUMP x2

- 1,2,3,4 RF step side and hip sway right(1), hip sway left(2), hip sway right(3), hip bump left(4)
- 5,6,7,8 Hip sway left(1), hip sway right(2), hip sway left(3), hip bump right(4)

[25-32] SAILOR STEP x2; ½ PIVOT TURN, BODY ROLL, CLAP x2

- 1&2 Cross R behind L (1), Step LF side (&), Step RF side (2)
 - 3&4 Cross L behind R (3), Step RF side (&), Step LF side (4)
 - 5 With weight on LF; ½ pivot turn to 6 o'clock, Step RF side
 - 6,7 Shift weight to LF(6) body roll(7)
 - 8 Clap x2
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