

Bang Bang Yi Bang CNY 2024

COPPER **KNOB**
BY STEPHEN

拍數: 120 牆數: 2 級數: Phrased High Beginner
編舞者: Yulia P M (INA) - January 2024
音樂: Bang Bang Yi Zhi Bang (棒棒一直棒) - Michelle Hsieh (謝采妘)



INTRO : 16 COUNT

SOD : AB AB* AB

A (56 COUNT) B (64 COUNT) B* (48 COUNT)

A. I. OUT – OUT, COASTER STEP, WALK LF, WALK RF, ¼ TURN R

1 2 3 &4 Step RF diagonal fwd (1), Step LF diagonal fwd (2), Step bwd on RF (3), Step LF next to RF (&), Step RF fwd (4)
5 6 7 &8 Step LF fwd (5), Step RF fwd (6), Step LF fwd (7), ¼ turn R stepping RF to right side (&) facing 3.00, Cross LF over RF (8)

II. RHUMBA BOX WITH SHUFFLE

1 2 3 &4 Step RF to right side (1), Step LF next to RF (2), Step bwd on RF (3), Step LF next to RF (&), Step bwd on RF (4)
5 6 7 &8 Step LF to left side (5), Step RF next to LF (6), Step LF fwd (7), Step RF next to LF (&), Step LF fwd (8)

III. STEP SIDE, TOGETHER, STEP SIDE WITH HIP BUMP R-L-R, REVERSE

1 2 3 &4 Step RF to right side (1), Step LF next to RF (2), Step RF to right side with bump (3), bump to the left (&),
5 6 7 &8 Step LF to the left side (5), Step RF next to LF (6), Step LF to left side with bump (7), Bump to the right (&), Bump to the left (8)

IV. WALK FORWARD RF, LF, MAMBO STEP, WALK BACKWARD LF, RF, COASTER STEP

1 2 3 &4 Step RF fwd (1), Step LF fwd (2), Rock RF fwd (3), Recover on LF (&), Step bwd on RF (4)
5 6 7 &8 Step bwd on LF (5), Step bwd on RF (6), Step bwd on LF (7), Step RF next to LF (&), Step LF fwd (8)

V. REPEAT SECTION III

1 2 3 &4 Step RF to right side (1), Step LF next to RF (2), Step RF to right side with bump (3), bump to the left (&),
5 6 7 &8 Step LF to the left side (5), Step RF next to LF (6), Step LF to left side with bump (7), Bump to the right (&), Bump to the left (8)

VI. WALK FORWARD RF, LF, MAMBO STEP, WALK BACKWARD LF, RF, TOGETHER, JUMP

1 2 3 &4 Step RF fwd (1), Step LF fwd (2), Rock RF fwd (3), Recover on LF (&), Step bwd on RF (4)
5 6 7 &8 Step bwd on LF (5), Step bwd on RF (6), Step bwd on LF next to RF (7), Little bit jump (8)

VII. SHUFFLE ¾ AROUND TO THE LEFT RF, LF, RF, LF

1 &2 3 &4 1/8 turn left step RF fwd (1) facing 1.30, Step LF next to RF (&), Step RF fwd (2), 1/4 turn left step LF fwd (2) facing 10.30, Step RF next to LF (&), Step LF fwd (4) 1/8 turn left step RF fwd (4) facing 6.00
5 &6 7 &8 1/8 turn left step RF fwd (5) facing 6.00, Step LF next to RF (&), Step RF fwd (6), step RF fwd (7), Step LF next to RF (&), Step RF fwd (8)

B. I. SAMBA WISK RF, LF, SAMBA FORWARD, SAMBA BACKWARD

1 a2 3 a4 Step RF to right side (1), Ball step on RF (a), Rock LF behind RF (2), Step LF to left side (3), Ball step on LF (a), Rock RF behind LF (4)
5 a6 7 a8 Step RF fwd (5), Ball step on RF (a), Step LF next to RF (6), Step bwd on LF (7), Ball step on LF (a), Step RF next to LF (8)

II. SLOW PIVOT ½ TURN L, SAMBA WISK RF, LF

- 1 &2 3 &4 Step RF fwd (1), Hand style upward hitting motion times (&2), ½ turn L recover weight on LF (3), Hand style hitting upward motion 2 times (&4)
- 5 a6 7 a8 Step RF to right side (5), Ball step on RF (a), Rock LF behind RF (6), Step LF to left side (7), Ball step on LF (a), Rock RF behind LF (8)

III. SAMBA FORWARD, SAMBA BACKWARD, SLOW PIVOT ½ TURN L

- 1 a2 3a4 Step RF fwd (1), Ball step on RF (a), Step LF next to RF (2), Step bwd on LF (3), Ball step on LF (a), Step RF next to LF (4)
- 5 &6 7 &8 Step RF fwd (5), Hand style upward hitting motion 2 times (&6), ½ turn L recover weight on LF (7), Hand style hitting upward motion 2 times (&8)

IV. ROCKING CHAIR, V STEP

- 1 – 4 Rock RF fwd (1), Recover on LF (2), Rock back on RF (3), Recover on LF (4)
- 5 – 8 Step RF diagonal fwd (5), Step LF diagonal fwd (6), Step RF back to centre (7), Step LF next to RF (8)

V. STEP FORWARD, TOGETHER, DIP DOWN & STRAIGHT KNEES TWICE, ROCKING CHAIR

- 1– 4 Step RF fwd (1), Step LF next to RF (2), Dip down & straight knees twice (3 4)
- 5 – 8 Rock RF fwd (5), Recover on LF (6), Rock back on RF (7), Recover on LF (8)

VI. V STEP, STEP FORWARD, TOGETHER, DIP DOWN & STRAIGHT KNEES TWICE

- 1 – 4 Step RF diagonal fwd (1), Step LF diagonal fwd (2), Step RF back to centre (3), Step LF next to RF (4)
- 5 – 8 Step RF fwd (5), Step LF next to RF (6), Dip down & straight knees twice (7 8)

VII. SHUFFLE TO THE LEFT FULL TURN AROUND

- 1 &2 3 &4 1/8 turn left step RF fwd (1) facing 1.30, Step LF next to RF (&), Step RF fwd (2), 1/4 turn left step LF fwd (2) facing 10.30, Step RF next to LF (&), Step LF fwd (4) 1/8 turn left step RF fwd (4) facing 6.00
- 5 &6 7 &8 1/8 turn left step RF fwd (5) facing 6.00, Step LF next to RF (&), Step RF fwd (6), step RF fwd (7), Step LF next to RF (&), Step RF fwd (8)

**** For ending : Do this section only ½ turn left shuffle (facing 12.000)**

VIII. STEP SIDE, TOGETHER, STEP SIDE WITH HIP BUMP R-L-R, REVERSE

- 1 2 3 &4 Step RF to right side (1), Step LF next to RF (2), Step RF to right side with bump (3), bump to the left (&),
- 5 6 7 &8 Step LF to the left side (5), Step RF next to LF (6), Step LF to left side with bump (7), Bump to the right (&), Bump to the left (8)

FOR ENDING : THE LAST PART B ON SECTION 7 DO THE SHUFFLE ½ TURN LEFT (FACING 12.00) THEN CONTINUE SECTION 8

HAPPY CNY 2024

HAVE FUN & HAPPY DANCING!!

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