

Not That Bad

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Diana Liang (CN) - January 2024
音樂: Sheng Huo Mei Na Mo Zao (生活没那么糟) - Li Fa Fa (李发发)



Intro: 36c

S1: Touch Kick Together, Cross, Swivels, Hook

1-2 touch Rf ball next to Lf, kick Rf diagonal forward
3-4 step Rf ball next to Lf, cross Lf over Rf
5-6 step Rf to R side swiveling heels to R, swivel toes to R
7-8 swivel heels to R, hook Lf behind Rf

S2: Vine 1/4L Scuff, V-Step

1-2 step Lf to L side, step Rf behind
3-4 turn 1/4L stepping Lf forward, 9H, scuff Rf forward
5-6 step Rf to R diagonal forward, step Lf to L diagonal forward
7-8 step Rf back to center, step Lf next to Rf

Optional Hands for 5-8: wave R index finger

S3: RL Diagonal Lock Forward Scuff

1-2 step Rf to R diagonal forward, lock Lf behind Rf
3-4 step Rf to R diagonal forward, scuff Lf forward
5-6 step Lf to L diagonal forward, lock Rf behind Lf
7-8 step Lf to L diagonal forward, scuff Rf forward

S4: 1/4L Pivot, Weave, 1/8L Heel Bounce x2

1-2 step Rf forward, turn 1/4L stepping Lf in place, 6H
3-4 cross Rf over Lf, step Lf to L side
5-6 step Rf behind Lf, step Lf to L side
&7 turn 1/8L pulling heels up, put heels down, 4:30H
&8 = &7, 3H

Tag1: 8C of 1/2L Pivot x 2 after W2 and W6, facing 6H

1-4 step Rf forward over 2 counts, turn 1/2L stepping Lf in place over 2 counts, 12H
5-8 = 1-4, 6H

Tag2: 1-4C of Rocks after W4/W8, facing 12H

1-4 rock Rf forward, recover to Lf, rock Rf to R side, recover to Lf

Ending: 1-4 of Tag1, after W10 facing 6H

1-4 step Rf forward over 2 counts, turn 1/2L stepping Lf in place over 2 counts, 12H

Thanks and happy dancing!

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