

First Rodeo

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Alisa Hart (USA) - January 2024
音樂: First Rodeo (feat. Filmore & Seth Ennis) - Cooper Alan



*Dance starts on count 40 after the music starts... after the first "bucking like a bronco when she get down"

1/2 turn with 4 Chugs, wizard R, wizard L

1234 Pushing off R foot 1/8 turn back over R shoulder, repeat 4 times. (4 chugs should make a half turn over R shoulder, ending facing 6 o'clock)
5&6 7&8 Wizard R, Wizard L

Grapevine R, 1/4 paddle turn

1234 Out with the R, behind with L, out with R, step down on L. (weight ends on L)
56 78 Push off R foot 1/8, push off R foot 1/8 turn. (total 1/4 turn L)

Samba L, Samba R, 1/4 turn, 360 turn

1&2 3&4 Samba L, Samba R
56 78 1/4 over L shoulder, full 360 over L shoulder

Camel walk L, R, Rock recover, Slide back, Side rock, Cross shuffle

12 Pop R knee forward, Pop right knee forward
3&4 Rock forward R(3), recover L(&), slide back on R(4)
56 7&8 Side rock L, recover R, cross shuffle L over R

Jazz box 1/4 turn, heel toe heel 1/2 turn, Point forward side hitch

1234 Jazz box 1/4 turn R
5&6 Heel, toe, heel (total half turn over R shoulder)
7&8 Point R toe forward, R side, flicking heel behind you and tapping heel with your L hand

R heel grind 1/4 turn, Step R, L, Slow body roll, Pop the hip

12 34 Heel grind R 1/4 turn, Step R, L (keep feet staggered, R behind L)
567 8 Slow body roll(567) L hip pop(8)

Slide L, Pony step back, Cross rock R, 3/4 turn triple step

12 3&4 Slide L, pony step back turning 1/4 turn R
56 7&8 Cross rock L, recover R, 3/4 turn triple turning over your L shoulder

Scuff hitch stomp, Point forward side hitch with a slap on the thigh, 2 1/4 turns L, butt pop

1&2 3&4 Scuff(1) hitch(&) stomp(2), point toe forward(3) to the side(&) hitch(4) slapping your thigh
56 78 1/4 turn over L shoulder, 1/4 turn again over L shoulder, bend at the knees(7) pop your butt up and back(8)

*Tag on wall 4 – 12 34 5678 full turn(12) full turn(34) full turn(5678). (goes really well with the music, if you don't want to spin you have 8 counts to add your own flare!)

Last Update: 7 Mar 2024