

# Rock & Roll

COPPER KNOB  
STEPSHETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lynne Martino (USA) - 19 January 2024  
音樂: What Has Rock and Roll Ever Done for You (feat. Stevie Nicks) - Dolly Parton :  
(Album: Rockstar - iTunes)



## Start on Vocals

### [1-8] SAILOR STEP, ¼ SAILOR STEP, LOCK STEP

1&2      Step R behind L (1), step L next to R (&), step R forward (2),  
3&4      Making ¼ left, step L behind R (3), step R next to L (&), step L forward (4),  
5-8      Step R forward towards 1:00 (5), step L behind R (6), step R forward (7), touch L next to R  
(8). ( 9:00)

### [9-16] ROCKING CHAIR, ¼ ROCKING CHAIR

1-4      Rock L forward (1), recover on R (2), rock L back (3), recover on R (4),  
5-8      Making ⅛ turn right, rock L forward (5), recover on R (6), making ⅛ turn right rock L back (7),  
recover on R (8) (12:00)

### [17-24] 2 TOE STRUTS, JAZZ BOX

1-4      Touch L toes forward while bumping L hip left (1), bring L heel down (2), Touch R toes  
forward while bumping R hip right (3), bring down R heel

**(You will be moving slightly forward with these toe struts)**

5-8      Cross L over R (5), step R back (6), step L to left (7), touch R next to L (8)

### [25-32] CHASSE, ¼, CHASSE, TOUCHES

1&2      Step R to right (1), step L next to R (&), step R to right (2),  
3&4      Making ¼ turn right, step L to left (3), step R next to L (&), step L to left (4), (3:00)  
5,6&7&8      Touch R to right side (5) Hold (6), step R next to L (&), touch L to left side (7), step L next to  
R (&), touch R to right side (8)

Choreographer Info: [martinolynne@gmail.com](mailto:martinolynne@gmail.com)  
Facebook group page: Lynne's Dance Crew