

That Old Fashioned Love

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Absolute Beginner
編舞者: Suzie Wong (UK) - January 2024
音樂: Whatever Happened to Old Fashioned Love - B.J. Thomas



Start at approx.. 9 seconds

SECTION 1 CHASSE RIGHT ROCK BACK, CHASSE LEFT ROCK BACK

1 & 2, 3, 4 Step R to R side, Close L beside R, Step R to R side, Rock L behind R, Recover onto R
5 & 6, 7, 8 Step L to L side, Close R beside L, Step L to L Side, Cross Rock R behind L, Recover onto L

SECTION 2: KICK BALL CHANGE ON THE SPOT x 2

1 & 2 Kick right foot forward, Step right together, Step left in place
3 & 4 Kick right foot forward, Step right together, Step left in place

TOE STRUTS FORWARD X 2

5, 6 Step R Toe to front, flatten R Foot
7, 8 Step L Toe to front, flatten L foot

SECTION 3: RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK, CROSS SHUFFLE

1, 2 Rock right to right side. Recover onto left.
3 & 4 Cross right over left. Step left to left side. Cross right over left.
5, 6 Rock left to left side. Recover onto right.
7 & 8 Cross left over right. Step right to right side. Cross left over right

SECTION 4: JAZZ BOX WITH A ¼ TURN x 2

1, 2 Cross R over L, step back on L
3, 4 ¼ R stepping R to R side, step L next to R
5, 6 Cross R over L, step back on L
7, 8 ¼ R stepping R to R side, step L next to R