

She Knows

拍數: 32 牆數: 4 級數: Beginner
編舞者: Luna VALERIOTI (FR) - January 2024
音樂: She Knows (with Akon) / She Knows (with Akon) (3 Are Legend x MANDY
Remix) (Mixed) - David Guetta, Afro Bros & Dimitri Vegas & Like Mike



Intro: Approx. 15 seconds (after 32 counts) No Tag, No Restart

[1 – 8] Step, Together, Step, Touch (X2)

1-2 Step RF to R (1), Step LF next to RF (2) 12:00
3-4 Step RF to R (3), Touch LF next to RF (4) 12:00
5-6 Step LF to L (5), Step RF next to LF (6) 12:00
7-8 Step LF to L (7), Touch RF next to LF (8) 12:00

[9 – 16] Cross, Point, Cross, Point, Jazz Box ¼

1-2 Cross RF in front of LF (1), Point LF to L side (2) 12:00
3-4 Cross LF in front of RF (3), Point RF to R side (4) 12:00
5-6 Cross RF in front of LF (5), Step LF back with a ¼ turn to R (6) 3:00
7-8 Step RF to R (7), Cross LF in front of RF (8) 3:00

[17 – 24] Hip bumps X2, Back X3, Together

1-2 Touch RF to R diagonal pushing hip forward (1), close RF next to LF (2) 3:00
3-4 Touch LF to L diagonal pushing hip forward (3), close LF next to R (4) 3:00
5-6 Step RF back (5), Step LF back (6) 3:00
7-8 Step RF back (7), Close LF next to RF (8) 3:00

[25 – 32] Toe Struts X2, V Step

1-2 Step R toe fwd (1), Drop R heel (2) 3:00
3-4 Step L toe fwd (3), Drop L heel (4) 3:00
5-6 Step RF to R diagonal (5), Step LF to L diagonal (6) 3:00
7-8 Step RF back (7), Close LF next to RF (8) 3:00

And Here We Go Again

1st place in Beginner non-country at Florida Masters

Last Update: 24 Feb 2024
