

Kung-Fu Fighting

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Debbie Nishiki (USA) - January 2024
音樂: Kung Fu Fighting (feat. Jack Black) - Cee-Lo



Intro: Approx. 20 counts When music starts with "oh oh oh" Step R forward and lift arms (8 cts) overhead, Step L forward and lower arms (8 cts) Start dance with lyric "kung fu fighting"

No tags or restarts in this dance (thank me later!)

This dance is dedicated to my good friend Pat Wood cause she just loves pandas...

S1 [1-8] Dorothy steps R L, Step forward, Pivot ½T, Kick Ball Change

1-2& Step R into R diag., Lock L behind R, Step R into R diag. (12:00)
3-4& Step L into L diag., Lock R behind L, Step L into L diag. (12:00)
5, 6, 7&8 Step fwd on R, pivot ½ T to L, Kick R fwd, step down on R, step L next to R (6:00)

S2 [9-16] Shuffle forward, Rock, Recover, Shuffle Back, Rock Back, Recover

1&2, 3,4 Shuffle fwd (R-L-R), Fwd rock on L, Recover R (6:00)
5&6, 7,8 Shuffle back (L-R-L), Rock back on R, Recover L (6:00)

S3 [17-24] Toe, Heel, Stomp R L, ¼ Jazz T to R

1&2, 3&4 Touch R toe beside L, Touch heel beside L, Stomp on R, Touch L toe beside R, Touch heel beside R, Stomp on L (6:00)
5,6,7,8 Cross R over L, Step L back, Step R to R making ¼ R T, Step L fwd (9:00)

S4 [25-32] Rocking Chair w/¼ T to L, Pivot ½ T (x2)

1,2,3,4 Fwd rock on R, Recover L, Step back on R, Step L ¼ T to L (6:00)
5,6,7,8 Step fwd on R, Pivot ½ T to L, Step fwd on R, Pivot ½ T to L (6:00)

(Start Over)

Ending: Wall 7 (starts at 12:00) after dancing entire dance, Mambo ½ T to R and put hands on hips and face the front at 12:00 and ta-da!

Enjoy!!

I hope you like this fun dance!!

I do not own the rights to this music, it's for instructional purposes only.