

Barefoot & Bareback

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Silje Meldal (NOR) - January 2024
音樂: Wildflowers and Wild Horses - Lainey Wilson



(1-8) WALK, WALK, SHUFFLE, ROCK STEP, SAILOR ¼ TURN

1-2 Walk forward right(1), left(2)
3&4 Shuffle forward right(3), left(&), right(4)
5,6 Rock forward on left(5), recover on right(6)
7&8 Sweep and cross L behind right(7), turn ¼ left and rock R to right side(&), recover to LF(8)
(09:00)

(9-16) ROCK STEP, CROSS SHUFFLE, ROCK STEP, CROSS SHUFFLE

1-2 Step R to right(1), recover to L(2)
3&4 Cross R over L(3), step L to left(&), cross R over L(4)
5,6 Step L to left(5),*recover to R(6)
7&8 Cross L over R(7), step R to right(&), cross L over R(8)

(17-24) TOE & HEEL SWITCHES, TOE POINT, ½ TURN, ROCK STEP

1&2& Touch R toe to right(1), step R in place(&), touch L toe to left(2), step L in place(&)
3&4& Touch R heel forward(3), step R in place(&), touch L heel forward(4), step L in place(&)
5,6 Touch R toe back(5), turn ½ right weight on R(6) (03:00)
7,8 Step L to left(7), recover to R(8)

(25-32) CROSS SHUFFLE, ¼ TURN, ½ TURN, STEP, TOUCH AND SNAP, COASTER STEP

1&2 Cross L over R(1), step R to right(&), cross L over R(2)
3,4 Turn ¼ turn left stepping back on R(3) (12:00), turn ½ turn left stepping forward on L(4)
(06:00)
5,6 Step forward on R(5), touch L beside R while snap your fingers by your shoulders(6)
7&8 Step L back(7), step R beside(&), step L forward(8)

**STEP CHANGE WITH RESTART: *AFTER 13 COUNTS ON WALL 5 MAKE A ¼ TURN RIGHT STEPPING R FORWARD(12:00), SHUFFLE FORWARD L, R, L.
RESTART DANCE**

**ENDING AFTER TOE & HEEL SWITCHES PART(17-24) TOUCH RIGHT TOE BACK, TURN ¾ RIGHT(5-6)
FACING 12.00**

Have fun!

Last Update: 26 Jan 2024