

My Hair

拍數: 32 牆數: 2 級數: Intermediate - WCS
編舞者: Amy Glass (USA) - September 2023
音樂: my hair - Ariana Grande



#16 count intro; start on lyrics. Restart on wall 3 after 16 counts, facing 12:00

[1-8] Walk x2 & Point & Point & Touch, Roll & Step, Close ¼ L

1-2 Walk fwd R, L
&3&4& Close RF next to LF, Point LF to L, Close LF next to RF, Point RF to R, Close RF next to LF
5-6 Point LF to L, Side body roll
&7-8 Close RF next to LF, Step LF out to L, Close RF next to R while turning ¼ L (9:00) Snap fingers out to sides (8)

[9-16] Back L, ½ R, Chase ½ Turn R, Hip Bump ½, Side Mambo w/ ¼ R

1-2 Step LF back, Turn ½ R stepping RF fwd (3:00)
3&4 Step LF fwd, Turn ½ R stepping RF fwd, Step LF fwd (9:00)
5&6 While turning ½ L Touch RF fwd while bumping R hip, Bump L Hip, Bump R hip stepping down on RF (completing ½) (3:00)
7&8 Continue turning ¼ L rocking LF to L, Recover weight on RF, Close LF next to RF

[17-24] Press Fwd, Recover, Kick Ball Cross, Walk x 2, Walk x3 turning ¾ R

1-2 Press RF fwd, recover weight back on LF
3&4 Kick RF fwd keeping low to ground, Step down on RF, Cross LF over RF torquing body to L
5-6 Walk R turning ⅛ R (1:30), Walk L turning ⅛ R (3:00)
7&8 Walk x3 quickly RLR while turning ½ R to 9:00

[25-32] Cross Rock, Recover, w/ Hitch, Rock Back, Recover, Rock Fwd, Rock Side, L Coaster

1-2 Rock LF over RF, Recover weight back on RF while hitching L knee and turning ¼ L (6:00)
3-4 Rock LF back, Recover fwd on RF
5&6& Rock LF fwd, Recover weight on RF, Rock LF to L, Recover weight on RF
7&8 Step LF back, Close RF next to LF, Step LF fwd

Have fun and begin again!
