Sway AB 2024

拍數: 32

級數: Absolute Beginner

編舞者: Sher Mcintosh (CAN) - January 2024

音樂: Sway - The Pussycat Dolls

No Tag No Restart

Section 1: Step, Hold (4 Times from beginning), Clap once to R side, twice to L side during the holds, alternating the side you clap on (RLRL)

- 1, 2 Step Fwd R(1), Hold with one clap to R side while holding (2)
- 3&4 Step Fwd L(3), Hold with 2 claps to L side while holding (&4)
- 5, 6 Step Fwd R(5), Hold with one clap to R side while holding(6)
- 7&8 Step Fwd L(7), Hold with 2 claps to L side while holding (&8)

(Claps are part of the count and therefore not optional, the side you step with Is the side you clap on)

Section 2: Repeat all of Section 1

Section 3: Basic to the right, Basic to the Left with touches

- 1 4 R step side R, L together, R step side R, L touch at R instep
- 5-8 L step side L, R together, L step side L, R touch at L instep

Section 4: R Grapevine with Scuff 1/2 turn right , L Grapevine with touch

- 1 4 R step side R, L behind R, R step side R, L scuff and turn 1/2 turn right
- 5 8 L step side L, R behind L, L step side L, R touch at instep

shermcintosh67@gmail.com





牆數: 2