

Make A Little

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Beverly Serafin (USA) - January 2024
音樂: Make a Little - Midland



"Its' a hard livin', tail kickin. . ." then begin dance:

Heel Hook, Heel Hitch, vine right

1-2 touch right heel forward, hook right in front of left
3-4 touch right heel forward, hitch right knee up
5-8 step right to side, cross left behind, step right to side, step left foot

Side-Rock-Cross, hold; Step-Lock-Step, scuff

1-2 rock right foot to right side, recover left
3-4 cross right over left, hold
5-6 step left foot forward, lock right foot behind
7-8 step left foot forward, scuff right foot

Step-Lock-Step, scuff; vine left, touch

1-4 step right foot forward, lock left foot behind, step right foot forward, scuff left foot
5-8 step left to side, cross right behind, step left to side, touch right next to left

Rocking Chair (2X), making a ¼ turn to right on start of second Rocking Chair

1-4 rock right forward, recover left; rock right backward, recover left
5-8 ¼ turn right: rock right forward, recover left; rock right backward, recover left

Step-clap (2X), V-step

1-4 step right foot forward, hold and clap; repeat with left foot
5-8 step right foot forward/out, left foot forward/out; right foot in, left foot in

Rocking Chair (2X), making a ¼ turn to right on start of second Rocking Chair

1-4 rock right forward, recover left; rock right backward, recover left
5-8 ¼ turn right rock right forward, recover left; rock right backward, recover left

Step-Lock forward (2X)

1-4 step right foot forward, lock left behind, step right foot forward, hold
5-8 step left foot forward, lock right behind, step left foot forward, hold

Side-Rock-Cross, hold (2X)

1-4 rock right foot to side, recover left, cross right over left, hold
5-8 rock left foot to side, recover right, cross left over right, hold