She's From Texas (P)



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音樂: She's from Texas - Jerry DeLeon & Southbound



Intro: 32 counts

Start in Sweetheart position facing LOD.

The steps are the same for man and lady, unless if indicated.

[1-8] 2X (DIAG. STEP, TOUCH), SHUFFLE FWD, ROCK STEP, RECOVER

1-2 Step R forward diagonally to right, touch L together R3-4 Step L forward diagonally to left, touch R together L

5&6 Shuffle forward with RLR

7-8 Rock step L forward, recover on R

[9-16] H: ROCK BACK, RECOVER, 2X (WALK FWD), SHUFFLE FWD, 2X (WALK FWD)

F: ROCK BACK, RECOVER, 2X (1/2 TURN R), SHUFFLE FWD, 2X (WALK FWD)

1-2 Rock back on L, recover on R3-4 H: Walk forward with LR

F: 1/2 turn to right and step L back, 1/2 turn to right and step R foward

*** On count 3, let go both L hands and raise both R hands over the lady's head.

On count 4, we are now back in Sweetheart position.

5&6 Shuffle forward with LRL7-8 Walk forward with RL

[17-24] HEEL, TOE CROSS, HEEL, POINT BACK, 1/2 TURN R, STEP FWD, SHUFFLE FWD

1-2 Heel R forward diagonally to right, cross point R over L

3-4 Heel R forward diagonally to right, point R back5-6 1/2 turn to right and step R forward, step L forward

On count 6, keep the hands and we are now in Reverse Sweetheart position.

7&8 Shuffle forward with RLR

[25-32] ROCK STEP, RECOVER, STEP-LOCK-BACK, 1/2 TURN R and STEP FWD, STEP, 2X (WALK FWD)

1-2 Rock step L forward, recover on R

3&4 Step L back, lock step R over L, step L back
5-6 1/2 turn to right and step R forward, step L forward

*** On count 5, let go both L hands and raised both R hands over the man's head.

On count 6, we are now in Sweetheart position.

7-8 Walk forward with RL

Restarts: At the 4th and 10th repetition of the dance, do the first 16 counts and restart the dance from the beginning.

ENJOY AND HAVE FUN! GUY & NANCY JULIEN & NATHALIE