

Life Is a Game

拍數: 48 牆數: 4 級數: Improver
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音樂: Life Is a Game - The Jive Aces



Intro: about 32 counts, start when the beats start, approximately 22 seconds intro

Section 1: Point, touch, point, behind, side cross, point, touch, point, coaster step

1&2 Point right to right side, touch right next to left, point right to right side
3&4 Step right behind of left, step left to left side, step right across in front of left
5&6 Point left to left side, touch left next to right, point left to left side
7&8 1/8 turn left step left back, step right next to left, step left forward (10:30)

Section 2: Charleston, coaster step, rock-recover, 1/2 shuffle

1 – 2 Touch right forward, step back on right
3&4 Step left back, step right next to left, step left forward
5 – 6 Rock right forward, recover weight onto left
7&8 1/4 turn right step right to right side, step left next to right, 1/4 turn right step right forward (4:30)

Section 3: Charleston, coaster step, rock-recover, 3/8 shuffle

1 – 2 Touch left forward, step back on left
3&4 Step right back, step left next to right, step right forward
5 – 6 Rock left forward, recover weight onto right
7&8 1/8 turn left step left to left side, step right next to left, 1/4 turn left step left forward (12:00)

Section 4: Forward, 1/4 turn left, cross shuffle, 1/4 back, 1/4 side, forward, touch

1 – 2 Step right forward, 1/4 turn left step left to left side (9:00)
3&4 Step right across in front of left, step left to left side, step right across in front of left
5 – 6 1/4 turn right step back on left, 1/4 turn right step right to right side (3:00)
7 – 8 Step left forward, touch right next to left

Restart: On wall 1, 4 and 6.

Section 5: Heel, hook, kick, behind, side, cross, heel, hook, kick, behind 1/4 turn, forward

1&2 Touch right heel to right diagonal, hook right across left shin, kick right to right diagonal
3&4 Step right behind left, step left to left side, step right across in front of left
5&6 Touch left heel to left diagonal, hook left across right shin, kick left to left diagonal
7&8 Step left behind right, 1/4 turn right step right forward, step left forward (6:00)

Section 6: Rock, recover, 1/4 sailor step, pivot 1/2 turn, kick-ball-touch

1 – 2 Rock right forward, recover weight onto left
3&4 1/4 turn right step right behind of left, step left small step to left, step right small step forward (9:00)
5 – 6 Step left forward, 1/2 pivot turn to right step right foot forward (3:00)
7&8 Kick left forward, step left next to right, touch right toes next to left

RESTART and enjoy!

Restart after 32 counts on wall 1, 4 and 6.

Ending: After finish 7th wall you will be facing (9:00), add the following:

1&2 Point right to right side, touch right next to left, point right to right side
3&4 Sailor 1/4 turn right; 1/4 turn step right behind left, step left small step to left, step right small step forward (12:00)

Pose, shaking your hands upwards or do whatever you find fitting.
