

The Ride

拍數: 32 牆數: 2 級數: High Improver
編舞者: Kimberly Köhler (DE) - January 2024
音樂: Down For The Ride - ItaloBrothers



Intro: 16 Counts 2 Restarts, 3 Tags

(1-8) Side-Rock, cross-Shuffle, touch, heel,touch,heel

1, 2 step right to right side, recover weight on left foot
3&4 right cross over left,left to the side, right cross over left
5&6 left touch,left beside right,right heel
&7&8 right beside left,left touch,left beside right, right heel

(9-16) Side-Rock, cross-Shuffle,side-rock,back-rock

1,2 step Left to left side, recover weight on right foot
3&4 left cross over right,right to the side, left cross over right
5,6 step right to right side, recover weight on left foot
7,8 cross right foot behind left, recover weight on left foot

Restart on wall 3 and 7 on 12 and 6 o'clock

(17-24) side-chasse, ¼ Chasse, Cross and heel, cross and heel

1&2 step right to right side, close left to right, right to right side
3&4 ¼ over left,left to left side,close right to left ,left to left side
5&6 cross right over left, left to the side,right heel
&7&8 right to the right side, cross left over right, right to right side,left heel

(25-32) rock step, rock step, heel, heel step ¼

1,2 step forward with your right, recover weight back on your left foot
&3,4 close right to left foot, step forward with your left,recover weight back on your right foot
&5&6 left close to right, right heel,right close to left,left heel
&7,8 left close to right, right step forward ¼ left, weight is on left

Tag:

(1-8) K-step

1,2 step right diagonal, touch left beside right
3,4 step left behind diagonal, touch right beside left
5,6 step right behind diagonal, touch left beside right
7,8 step left diagonal forward, touch right beside left

We have Restarts on wall 3 and 7 after 16 counts (12 and 6o'clock)

We have Tags after wall 1 (8c) and 4(4c) and 8(4c) after 32 counts

Last Update: 19 Jan 2024