

# Whips and Chains

COPPER KNOB  
STEPSHEETS

拍數: 16      牆數: 4      級數: Beginner  
編舞者: Piper Karren (USA) - January 2024  
音樂: Lovin On Me - Jack Harlow



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## \*1st 8: sailor step R, sailor step L, kick heels RL, body roll

1&2      rock R behind L (1), recover R (&), step back out R (2)  
3&4      rock L behind R (3), recover L (&), step back out L (4)  
5&6&      tap R heel out (5), return R heel (&), tap L heel out (6), return L heel (&)  
7-8      body roll backwards (7-8)

## \*2nd 8: step R cross L then hold, step R cross L then hitch, tap L behind, ¼ left walk RL

1&2      step R forward crossing over L (&1) hold (2)  
3&4      step R forward crossing over L (&3) hitch L (4)  
5&6      tap L behind (5) ¼ turn L (6)  
7-8      walk forward R (7) walk forward L (8)

Last Update: 22 Jan 2024

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