

Simple Man

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 3 級數: Intermediate
編舞者: Diana Liang (CN) - January 2024
音樂: Simple Man - Robert Randolph & The Family Band



Intro 16

S1: Coaster, Forward Side Rock, Cross Rock, Vine, Point, 1/4 in Place, 1/4 Side

1&2 step Rf back, step Lf together, step Rf forward
3&4 Lf forward, rock Rf to R side, recover to Lf
5&6& cross Rf over Lf, recover to Rf, step Rf to R side, cross Lf over Rf
7&8& step Rf to R side, point Lf to L side, turn 1/4 to L Lf in place, 9H, turn 1/4 to L stepping Rf to R side, 6H

S2: Modified Sailor LR, Back Sweep LR, 1/4L Side, 1/4R, 5/8R, 1/2R, Forward

1&2 step Lf behind, rock Rf to R side, recover to Lf
&3& step Rf behind, rock Lf to L side, recover to Rf
Restart here during W3 after replacing 3& with stepping Lf to L side, touch Rf next to Lf, facing 12H
4-5 step Lf back sweeping Rf from front to back, step Rf back sweeping Lf from front to back
6-7 turn 1/4L stepping Lf to L side, 3H, turn 1/4R stepping Rf in place, 6H
&8& turn 5/8R stepping Lf back, 1:30H, turn 1/2R stepping Rf forward, 7:30H, step Lf forward

S3: Heel Strut RL, 1/2R Pivot, Forward, Prissy Walk LR, 1/8R Rock Recover, Cross

1&2& touch Rf heel forward, put down Rf toes, touch Lf heel forward, put down Lf toes
3&4 step Rf forward, turn 1/2L step Lf in place, 1:30, step Rf forward
Restart here after adding an & count to turn 1/8R stepping Lf next to Rf, during W6, facing 9H
5-6 step Lf forward slightly cross over Rf, step Rf forward slightly cross over Lf
7&8 turn 1/8R rocking Lf to L side, 3H, recover to Rf, cross Lf over Rf

Ends here during W7 after adding a full R unwind, facing 12H

S4: Diagonal Shuffle Scuff RL, Syncopated Jazz-box, Bounces 1/2R, Kick

1&2& step Rf to R diagonal forward, step Lf next to Rf, step Rf to R diagonal forward, scuff Lf forward
3&4& step Lf to L diagonal forward, step Rf next to Lf, step Lf to L diagonal forward, scuff Rf forward
5&6& cross Rf over Lf, step Lf back, step Rf to R side, step Lf forward
7&8& turn 1/6R bouncing x 3 time, 9H, kick Rf forward

Thanks for watching and Happy Dancing!

Contact: procankm@hotmail.com

Last Update: 20 Jan 2024