

# Ru Guo Jiu Zhe Me Lao Le 如果就這麼 老了

**COPPER** KNOB  
STEPSHEETS

拍數: 32  
編舞者: Nina Chen (TW) - January 2024  
音樂: Ru Guo Jiu Zhe Me Lao Le (如果就這麼老了) (DJ何鵬版) - Guang Qiu Li (廣秋里)

牆數: 2  
級數: Absolute Beginner



**Intro: 32 counts, No Tag ! No Restart !!**

## **Sec1: SIDE - TOGETHER - SIDE - TOUCH, (L & R) SIDE - TOUCH BEHIND**

1-4 Step Rf to R - Step Lf beside Rf - Step Rf to R - Touch Lf beside Rf  
5-8 Step Lf to L - Touch Rf behind Lf - Step Rf to R - Touch Lf behind Rf

## **Sec2: SIDE - TOGETHER - SIDE - TOUCH, (R & L) SIDE - TOUCH BEHIND**

1-4 Step Lf to L - Step Rf beside Lf - Step Lf to L - Touch Rf beside Lf  
5-8 Step Rf to R - Touch Lf behind Rf - Step Lf to L - Touch Rf behind Lf

## **Sec3: CHARLESTON (x2)**

1-4 Step Rf fwd - Touch Lf heel fwd - Step Lf back - Touch Rf toe back  
5-8 Step Rf fwd - Touch Lf heel fwd - Step Lf back - Touch Rf toe back

## **Sec4: ROCKING CHAIR 1/4 R (x2)**

1-4 Rock Rf fwd - Recover on Lf - 1/4 turn R (3:00) rock Rf back - Recover on Lf  
5-8 Rock Rf fwd - Recover on Lf - 1/4 turn R (6:00) rock Rf back - Recover on Lf

**Have Fun & Happy Dancing !!!**

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