

# Best Adventure Is With You

**COPPER** KNOB  
BY STEPSHEETS

拍數: 32                      牆數: 2                      級數: Beginner  
編舞者: Juanita Henson (USA) - January 2024  
音樂: Best Adventure - Leaving Thomas



No tags or restarts.

## Section (1) WALK FWD 2 STEPS, ROCK RECOVER, CROSS SHUFFLE, SWIVEL 1/2 TURN LEFT, CROSS SHUFFLE.

- 1-4.-                      Step fwd RF, step fwd LF, rock RF to R, recover weight to LF. (Facing 12 o clock wall)
- 5&6.-                      Cross & cross RF over the LF (cross shuffle) keeping weight on the RF, as you swivel ½ turn to the Left.
- 7&8.-                      Cross & cross LF over RF (cross shuffle) Facing 6 o clock.

## Section (2). – STEP FLICK, STEP FLICK, R. SHUFFLE, ROCK RECOVER.

- 1-2.-                      Step RF to R, flick LF behind RF, slap left heel with the right hand.
- 3-4.-                      Step LF to L, flick RF behind the LF, slap the right heel with the left hand.
- 5&6.-                      Step RF to R, step LF next to RF, step RF to R. (Right Shuffle)
- 7-8.-                      Rock LF back. Recover weight onto RF.

## Section (3). – STEP FLICK, STEP FLICK, L. SHUFFLE, ROCK RECOVER.

- 1-2.-                      Step LF to L, flick RF behind LF, slap right heel with the left hand.
- 3-4.-                      Step RF to R, flick LF behind the RF, slap the left heel with the right hand.
- 5&6.-                      Step LF to L, step RF next to LF, step LF to L. (Left Shuffle)
- 7-8.-                      Rock RF back, recover weight onto LF.

## SECTION (4). - RIGHT V STEP, LEFT V STEP.

- 1.-                      Step RF fwd at a 45-degree angle
- 2.-                      Step LF fwd at a 45-degree angle
- 3.-                      Step RF back to center.
- 4.-                      Touch LF next to RF.
- 5.-                      Step LF fwd at a 45-degree angle
- 6.-                      Step RF fwd at a 45-degree angle
- 7.-                      Step LF back to center
- 8.-                      Touch RF next LF.

Easy fun beginner dance for everyone to enjoy!

Contact:

Juanita @ (417) 483-3077

Sassyshufflers2015@gmail.com