

# Upsidedown

拍數: 32      牆數: 2      級數: Newcomer - Novelty  
編舞者: Etl-dancers (SWE) - January 2024  
音樂: I'm Coming Out / Upside Down (Chris Cox Remix) - Diana Ross



## [1-8] rolling vine, mashed potatoes, coaster step

1            RF 1/4 turn R step RF forward  
2            LF 1/2 turn R step LF back  
3            RF 1/4 turn R step Rf to side  
4            LF step next to RF  
&            RF swivel heels out lifting RF  
5            RF center heels and step back on RF  
&            swivel heels out lifting LF  
6            LF center heels step back on LF  
7            RF Step back with RF  
&            LF step LF next to RF  
8            Rf step forward

## [9-16] diagonal shuffles\*2, tap LF diagonally forward\*4 rolling arms in front of body

9            LF step LF diagonally L  
&            RF close by LF  
10           LF step LF diagonally L  
11           RF step Rf diagonally R  
&            LF close by RF  
12           RF step RF diagonally R  
13           LF step diagonally L tap heel  
14           LF tap L heel  
15           LF tap L heel  
16           LF tap L heel stepping onto LF  
13-16       rolling armes in front of body

(Restart on wall 4 and 6)

## [17-24] step 1/2 turn, Step 1/4 turn, step point, step point

17           RF step forward , turn 1/2 L  
18           LF step on LF  
19           RF step forward, 1/4 turn L  
20           LF step onto LF  
21           RF Step forward  
22           LF Point to L side  
23           LF step forward  
24           RF pint to R side

## [25-32] jazzbox 1/4 turn R, kick and touch\*2

25           RF cross over LF  
26           LF 1/4 turn R step back on LF  
27           RF step to R side  
28           LF step cross RF  
29           RF kick to R diagonal  
&            RF step down  
30           LF touch behind RF  
31           LF kick to L diagonal

&  
32

FL step down  
RF touch behind LF

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