

Upsidedown

拍數: 32 牆數: 2 級數: Newcomer - Novelty
編舞者: Etl-dancers (SWE) - January 2024
音樂: I'm Coming Out / Upside Down (Chris Cox Remix) - Diana Ross



[1-8] rolling vine, mashed potatoes, coaster step

1 RF 1/4 turn R step RF forward
2 LF 1/2 turn R step LF back
3 RF 1/4 turn R step Rf to side
4 LF step next to RF
& RF swivel heels out lifting RF
5 RF center heels and step back on RF
& swivel heels out lifting LF
6 LF center heels step back on LF
7 RF Step back with RF
& LF step LF next to RF
8 Rf step forward

[9-16] diagonal shuffles*2, tap LF diagonally forward*4 rolling arms in front of body

9 LF step LF diagonally L
& RF close by LF
10 LF step LF diagonally L
11 RF step Rf diagonally R
& LF close by RF
12 RF step RF diagonally R
13 LF step diagonally L tap heel
14 LF tap L heel
15 LF tap L heel
16 LF tap L heel stepping onto LF
13-16 rolling armes in front of body

(Restart on wall 4 and 6)

[17-24] step 1/2 turn, Step 1/4 turn, step point, step point

17 RF step forward , turn 1/2 L
18 LF step on LF
19 RF step forward, 1/4 turn L
20 LF step onto LF
21 RF Step forward
22 LF Point to L side
23 LF step forward
24 RF pint to R side

[25-32] jazzbox 1/4 turn R, kick and touch*2

25 RF cross over LF
26 LF 1/4 turn R step back on LF
27 RF step to R side
28 LF step cross RF
29 RF kick to R diagonal
& RF step down
30 LF touch behind RF
31 LF kick to L diagonal

&
32

FL step down
RF touch behind LF
