

# Don't Rock the Boat

**COPPER KNOB**  
STEPSHEETS

拍數: 59      牆數: 4      級數: Phrased Easy Intermediate  
編舞者: Jean Gromacki (USA) - January 2024  
音樂: Rock the Boat - The Hues Corporation



Sequence AA, B, AA, B, AAA  
Intro 16 counts

**PART A – 40 counts start with lyrics**

**S1[1-8] RIGHT ROCK, BEHIND SIDE CROSS, LEFT ROCK, BEHIND SIDE CROSS**

1-4            Right side step, recover left, right behind step, left side step, right cross over left  
5-8            Left side step, recover right, left behind step, right side step, left cross over right

**S2[1-8] FORWARD ROCK, ½ TURN SHUFFLE BACK, BACK ROCK, ½ TURN SHUFFLE FORWARD**

1-4            Right Forward rock, recover left, ½ turn shuffle to back  
5-8            Left Back rock, recover right, ½ turn shuffle forward

**S3[1-8] JUMP HEEL STEP, JUMP, HEEL STEP, SWEEP BACK (4X)**

&,1,2,&,3,4    Right Jump, left heel, right step, Left jump, right heel, left step  
5-8            Right sweep back step, left sweep back step, right sweep back step, left sweep back step

**S4 [1-8] SWAY, SWAY, SHUFFLE, SWAY SWAY SHUFFLE**

1-4            Sway hips right, sway hips left, triple side step right,  
5-8            Sway hips left, sway hips right, triple side step left

**S5 [1-8] KICK BALL CHANGE, ¼ TURN, KICK BALL CHANGE, KNEE POPS BACK**

1&2, 3&4       Kick right, step right, step left, ¼ turn Kick right, step right, step left  
5-8            Step back right, pop left knee, step back left, pop right knee, Step back right, pop left knee,  
step back left, pop right knee,

**PART B - 19 COUNTS**

**S1 [1-8] CROSS MAMBO, CROSS MAMBO, STEP HITCH, STEP HITCH**

1&2,3&4       Cross step right over left, recover left, step right, cross step left over right, recover right, step  
left  
5-8            Step right, hitch left knee, Step left, hitch right knee

**S2 [1-11] SAILER, SAILER, POINT POINT, STEP HEEL STEP TOE, STEP POINT POINT, STEP HEEL**

1&2, 3&4       Sweep right back step, step left side, recover right, sweep left back step, step right side,  
recover left  
5,6, &,7,&,8    Point right forward, point right side, step right, left heel, step left, right toe,  
&,1, 2,&,3       step right, point left forward, point left side, step left, right heel