

Bones 2024

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Jenny (INA) & Wiwiek Johan (INA) - January 2024
音樂: Bones - Imagine Dragons



Intro : 6 Counts - 1 Restart

Section 1 : Heel Touch, Hitch Drag (RL)

12 Touch R Heel fwd, Touch RF next to L
34 Hitch RF next to L, Step RF to R Dragging LF
56 Touch L Heel fwd, Touch L next to RF
78 Hitch LF next to R, Step L to L Dragging RF

Section 2 : Backward (RLR), Hitch, Fwd Drag, Touch (LR)

12 Step RF back (While twist your L heel out), Step LF back (While twist your R heel out)
34 Step RF back (While twist your L heel out), Hitch LF next to RF
56 Step LF fwd diagonal L, Touch RF next to LF
78 Step RF fwd diagonal R, Touch LF next to RF

Section 3 : Side Close, Side Turn ¼ L touch, Pivot turn ¼ L, Close Side

1-4 Step LF to L, Close RF next to LF, turn ¼ L Stepping LF fwd (9.00), Touch RF next to LF
5-8 Step RF fwd, turn ¼ L weight on LF (6.00), Close RF next to LF, Step LF to L

Section 4 : Cross Rock, Side Rock, Turn ¼ R, Back Rock, turn ¾ L

12 Cross Rock RF over LF, recover onto LF
34 Rock RF to R, turn ¼ R recover onto LF Stepping RF fwd (9.00)
56 Rock RF back, recover onto LF
78 Turn ½ L Stepping RF back (3.00), turn ¼ L Stepping LF to L (12.00)

Section 5 : Back Diagonal Touch (RL), turn ¼ R, Side Touch (RL)

12 Step RF back diagonal R, touch LF next to RF
34 Step LF back diagonal L, touch RF next to LF
56 Turn ¼ R Stepping RF to R (3.00), touch LF next RF
78 Step LF to L, touch RF next to LF

Section 6 : Grapevine, Rolling vine

1-4 Step RF to R, Cross LF behind RF, Step RF to R, touch LF next RF
5-8 Turn ¼ L Steping LF fwd (12.00), turn ½ L Steping RF back (6.00), turn ¼ L Steping LF to L (3.00), touch RF next L

Restart On Wall 2 After 32 Count

Happy Dancing !

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