

Get Ugly

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: High Beginner - Contra
編舞者: Unknown
音樂: Get Ugly - Jason Derulo
或: Wall to Wall - Band of Oz



(Submitted by Tricia Bristow)

Section 1 – Grapevine R & L

- 1-4 Step Right to Right side, cross Left behind Right, Step Right to Right side, Touch Left beside right
5-8 Left to Left side, cross Right behind Left, Step Left to Left side, Touch Right beside left

Section 2 – Right K-Step

- 1-2 Step right diagonally forward, touch left next to right
3-4 Step left diagonally back, touch right next to left
5-6 Step right diagonally back, touch left next to right
7-8 Step left diagonally forward, touch right next to left

Section 3 – Shuffle (x4) RLR, LRL, RLR, LRL

- 1&2 Right Shuffle Forward (Forward Right, Forward Left slightly behind right, Forward Right)
3&4 Left Shuffle Forward (Forward Left, Forward Right slightly behind Left, Forward Left)
5&6 Right Shuffle Forward (Forward Right, Forward Left slightly behind right, Forward Right)
7&8 Left Shuffle Forward (Forward Left, Forward Right slightly behind Left, Forward Left)

Section 4 – ½ Left x3, Body Roll

- 1-2 Step Right Foot Forward, Pivot ½ turn Left
3&4 Step Right Foot Forward, Pivot ½ turn Left
5-6 Step Right Foot Forward, Pivot ½ turn Left
7-8 Body Roll (focus is on hip movement – Start with Hips slightly back, bring hips forward, relax knees as the hips go backwards and straighten up)

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Class information listed on The FOLD: <https://www.facebook.com/theFOLDcenter>