

Chennai Express

COPPER **KNOB**
BY STEPHENETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Desri Dahlan (INA) & Helina Abhen (INA) - November 2023
音樂: Chennai Express - S.P. Balasubrahmanyam & Jonita Gandhi



Intro 32 count on music

*1 TAG & RESTART

*1 STEP CHANGE

SEC 1 : FORWARD MAMBO – BACK MAMBO – CUMBIA

1 & 2 rock R fwd (1) recover to L (&) rock R back (2)
3 & 4 rock L back (3) recover to R (&) rock L fwd (4)
5 & 6 cross R behind L (5) recover on L (&) rock side R to right (6)
7 & 8 cross L behind R (7) recover on R (&) rock side L to left (8)

SEC 2 : ROCK CROSS – HOLD – CROSS – TURN ½ TO LEFT – CROSS – HOLD – CROSS – SIDE TOUCH

1 – 2& cross R over L (1) hold (2) step L to left (&)
3 – 4 cross R over L (3) turn ½ to left (4)
5 – 6& cross R over L (5) hold (6) step L to left (&)
7 – 8 cross R over L (7) touch L to left (8)

SEC 3 : BOTAFOGO L-R – ROCK FWD – COUSTER STEP

1 & 2 cross L over R (1) step R to right (&) recover on L (2)
3 & 4 cross R over L (3) step L to left (&) recover on R (4)
5 – 6 rock L fwd, roll your shoulder left forward (5) recover to R (6)
7 & 8 step L back (7) step together R beside L (&) step L fwd (8)

SEC 4 : PIVOT ½ TO LEFT – PIVOT ¼ TO LEFT – JAZZBOX WITH SHIMMY

1 – 2 step R fwd (1) turn ½ to left, recover to L (2)
3 – 4 step R fwd (3) turn ¼ to left, recover to L (4)
5 – 6 cross R over L (5) step L back (6)
7 – 8 step R side (7) cross L over R (8)

*STEP CHANGE ON WALL 6 on count 16

7 – 8 cross R over L (7) close L beside R (8)

TAG 8 COUNT ON WALL 14 AFTER 16 COUNT

1 – 4 Hips roll left to right
5 – 8 Step L to side and body wave (5) Close R beside L (6) step L to side and body wave (7)
close R beside L (8)

Enjoy the dance. I hope that you like it.

Contact email : ellinhelinaabhen@gmail.com

Youtube channel : ellin abhen

Facebook : Uni Elin Abhen