

Easy Coming Out

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Tricia Bristow (USA) - January 2024
音樂: Easy Comin' Out - Band of Oz



CW Rotation

Section 1 – Rock, Recover, Triple in place, Rock, Recover, Triple Left 1/4

1-2 Rock forward on Right, Recover Left
3&4 Triple in Place (Right, Left, Right)
5-6 Rock forward on Left, Recover Right
7&8 Triple one quarter left (Left foot back ¼ Left, Right beside, Left to left side) [9:00]

Section 2 – Right Cross Rock, Cache, Left Cross Rock, Cache

1-2 Cross Rock Right foot over Left, Recover Left
3&4 Step Right foot to right side, Left foot beside right, Right foot to right side
5-6 Cross Rock Left over Right, Recover on Right
7&8 Step Left foot to Left Side, Right foot beside Left, Left foot to left side

Section 3 – Figure 8 (1/2 Pivot Left, Shuffle RLR, ½ Pivot Right, Shuffle LRL)

1-2 Step forward Right, Pivot ½ to the left (over left shoulder) [3:00]
3&4 Right Shuffle Forward (Forward Right, Forward Left slightly behind right, Forward Right)
5-6 Step forward Left, Pivot ½ to the Right (over right shoulder) [9:00]
7&8 Left Shuffle Forward (Forward Left, Forward Right slightly behind Left, Forward Left)

Section 4 – Rock Right to Right Side, Turn ¼ Left, Shuffle, Rock Fwd Left, Recover, ¼ Left Cache (Shuffle)

1-2 Rock Right Foot to Right side, Recover 1/4 Left with left foot [6:00]
3&4 Right Shuffle FWD (Forward Right, Forward Left slightly behind right, Forward Right)
5-6 Rock Fwd on Left, Recover Right
7&8 Step Left Foot ¼ turn Left, step right beside left, step left to left side [3:00]

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Class information listed on The FOLD: <https://www.facebook.com/theFOLDcenter>