

Two Broken Hearts (P)

拍數: 32 牆數: 0 級數: High Beginner - Partner
編舞者: Charlotte Friis (DK) & Torben Larsen (DK) - January 2024
音樂: Broken Heart (feat. Brooke Lee) - Mikele Buck Band



Intro: 16 counts

Position: Sweetheart facing LOD – Same footwork throughout except where noted

RESTARTS:

W5. routine after count 8

W9. routine after count 24

Section 1: SIDE ROCK, SHUFFLE FORWARD X 2

1 – 2 Step RF to R (1) Recover on L (2) L.O.D
3 & 4 Step RF forward (3) Step LF next to RF (&) Step RF forward (4)
5 - 6 Step LF to L (5) Recover on R (6)
7 & 8 Step LF forward (7) Step RF next to LF (&) Step LF forward (8)

RESTART here on 5. routine.

Section 2: ROCK STEP, TOGETHER, ROCK STEP, SHUFFLE BACK, ROCK BACK

1 - 2 & Step RF forward (1) Recover on LF (2) Step RF next to LF (&)
3 - 4 Rock forward on LF (3) Recover on RF (4)
5 & 6 Step LF back (5) Step RF next to LF (&) Step LF back (6)
7 - 8 Rock RF back (7) Recover on LF (8)

Section 3: 1/4 TURN AND CROSS SHUFFLE, 1/2 TURN AND CROSS SHUFFLE, SHUFFLE ¼ TURN BACK, SHUFFLE ½ TURN FORWARD.

1 & 2 Turn ¼ R cross step RF over LF (1) Step LF to L (&) Cross step RF over LF

Position Reverse Indian facing O.L.O.D

3 & 4 Turn ½ L cross step LF over RF (3) LF to R (&) Cross step LF over RF (4)

Release Left hands, Lady passes under raised right arms.

Position reversed Indian facing I.L.O.D

5 & 6 Step RF back ¼ turn L (5) Step LF next to RF (&) Step RF back (6) R.L.O.D

Release right hands

7 & 8 Step LF forward ¼ turn L (7) Step RF next to LF (&) Step LF forward. ¼ turn L (8)

Lady passes under raised left arms, rejoin hands back in Sweetheart L.O.D

RESTART here on 9. routine.

Section 4:

MAN: SIDE ROCK ¼ RIGHT, SHUFFLE BACK, ROCK STEP BACK, TRIPLE ¼ LEFT

LADY: SIDE ROCK ¼ LEFT, SHUFFLE FORWARD, ROCK STEP FORWARD, TRIPLE ¾ LEFT

1 – 2 MAN Step RF to R (1) Step LF back ¼ turn R (2) O.L.O.D
LADY Step RF to R (1) Step LF forward ¼ turn L (2) I.L.O.D

Lady passes under right hands, right hands crossed over left hands

3 & 4 MAN Step RF back (3) Step LF next to RF (&) Step RF back (4)
LADY Step RF forward (3) Step LF next to RF (&) Step RF forward (4)

5 – 6 MAN Step LF back (5) Recover on RF (6)
LADY Step LF forward (5) Recover on RF (6)

Release left hands while turning

7 & 8 MAN Step LF ¼ turn L (7) Step RF next to L (&) Step LF next to RF (8)
LADY Step ¼ turn L on LF (7) Step ¼ turn L on RF (&) Step ¼ turn L on LF (8)

Rejoin hands back in sweetheart L.O.D

REPEAT AND HAVE FUN

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