

Beauty In The Struggle

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Manuela Gustavsson (SWE) - January 2024
音樂: Beauty in the Struggle - Bryan Martin & Craig Campbell



Start after 13 sec - 16 counts

Restart with step change on wall 2 in section 4 after 4 counts facing 12:00

Tag after wall 4, facing 12:00

Section 1 (1-8) Long step R, behind, side, cross rock, recover, extended weave, cross rock, recover, step ¼ turn R

1 2 & Step RF long step to R, step LF behind RF, step RF to R
3 4 & Cross rock LF over RF, recover onto RF, step LF to L
5 & 6 & Cross RF over LF, step LF to L, cross RF behind LF, step LF to side
7 8 & Cross RF over LF, recover onto LF, turn ¼ R stepping RF fwd (3:00)

Section 2 (9-16) Step pivot ½ R, step, full turn L, step fwd, mambo fwd, rock recover

1 2 Step LF fwd, make ½ turn R stepping onto RF,
3 4 & Step LF fwd; turn ½ L stepping back on R, turn ½ L stepping fwd on L
5 6 & 7 Step RF fwd, rock LF fwd, recover weight onto RF, step back on LF
8 & Rock RF back, recover weight onto LF (9:00)

Section 3 (17-24) Basic R, long step L, ¼ sailor R, full turn L, behind, step ¼ turn R

1 2 & Step RF long step to R, rock LF behind RF, recover weight onto RF
3 4 & 5 Long step LF to L, step RF behind LF turning ¼ R, step LF next to RF, Step RF fwd (12:00)
6 & 7 8 Turn ½ L stepping LF fwd, turn ½ L stepping back on RF, step LF behind RF, turn ¼ R stepping RF fwd (3:00)

Section 4 (24-32) Step pivot ¼ R, fwd/sweep, cross, side, back/sweep, cross, side, cross rock, recover, side, touch

1 2 3 Step LF fwd, make ¼ turn R stepping onto RF, step LF fwd sweeping RF from back to front
4 & Cross RF over LF, step LF to L

Restart here on wall 2 with step change on count &: Instead of: step LF to L do: recover weight onto LF

5 6 & Step RF back sweeping LF from front to back, cross LF behind RF, step RF to R,
7 & 8 & Cross rock LF over RF, recover onto RF, step LF to L, touch RF beside LF (6:00)

Tag after wall 4:

1 2 & Step RF to R, step LF behind RF, step RF to R
3 & 4 & Cross rock LF over RF, recover onto RF, step LF to L, touch RF beside LF

Ending on wall 6 after 3 counts

Unwind ½ to R facing 12

Enjoy ☐

Contact: manuela.gustavsson@gmail.com