

Leave a Light On

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Stephen & Lesley McKenna (SCO) - January 2024
音樂: Leave a Light On (feat. Tom Walker) - Red Hot Chilli Pipers



Intro: Quick start on the word "Second"

Section 1 Sway L-R, ¼ L, Rock R, Rec, ½ R, Rock L, Rec, Full turn L, Run R-L

1-2-3 Sway L to L side, sway R to R side, make ¼ L stepping L
4&5 Rock forward R, recover L, make ½ R stepping R
6&7 Rock forward L, recover R, make full turn L on ball of L foot
8& Run forward R, run forward L

Section 2 Rock R, Rec, Ball, Back L sweeping R, Behind, Side, Cross rock, Rec, Ball, Step forward L (1/8 R), pivot ½ R, Ball

1-2&3 Rock forward R, recover L, small step R next to L, step back L as you sweep R front to back
4&5-6 Step R behind L, step L to L side, cross rock R over L, recover L
&7-8& Small step R next to L, make 1/8 R stepping forward L, make ½ R stepping forward R, small step L next to R *Restart after pivot-see note

Section 3 Step forward R, 1/8 R L Rock & Cross, ¼ L, ½ L, ¼ L, Behind, Side, Cross, R Rock & Cross

1-2&3 Step forward R, make 1/8 R as you rock L to L side, recover R, cross L over R
4&5 Make ¼ L stepping back R, make ½ L stepping forward L, make ¼ L stepping R to R side
6&7 Step L behind R, step R to R side, cross L over R
8&1 Rock R to R side, recover L, cross R over L

Section 4 ¼ R, ¼ R, Cross L, Step R forward (R diag), Touch L, Step L forward (L diag), Cross rock R, Recover, R side, L sailor

2&3 Make ¼ R stepping back L, make ¼ R stepping R to R side, cross L over R
4&5 Step R forward to R diagonal, touch L next to R, step L forward to L diagonal
6&7 Cross rock R over L, recover L, step R to R side
8& Step L behind R, step R to R side (count 1 of section 1 makes this a sailor)

*Restart – After 16 counts (pivot ½ R) during wall 2 and 5, straighten up to back wall and restart the dance.

Hope you enjoy! ☐

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