

Giddy Up and Around (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner - Circle /Partner Option)
編舞者: Lidia Landon Michael (USA) - January 2024
音樂: Giddy Up! - Shania Twain



Partner option starts in Sweetheart position

Intro: hold 8 Counts. Dance starts with Vocals

Section 1: Heels R/L/RR, Heels L/R/LL

1&2& R heel forward, step R next to L, L heel forward, step L next to R,
3-4 Tap R heel forward 2 times
5&6& L heel forward, step L next to R, R heel forward, step R next to L,
7-8 Tap L heel forward 2 times

Section 2: Walk , Walk, Shuffle, Walk, Walk, Shuffle

1-2 Walk forward L, R
3&4 Shuffle forward L R L (step L, together R, step L)
5-6 Walk forward R, L
7-8 Shuffle forward R L R (step R, together L, step R) Lead moves behind follow, Follow moves in front of Lead, hands to shoulders

Section 3: Side, together, side shuffle/ Slide, together, side shuffle

1-2 Step L sideways, toward center of circle, Step R together next to L
3&4 L side shuffle (step L, together R, step L)
5-6 Step R sideways away toward center of circle,
7&8 R side shuffle (step R, together L, step R)

Section 4: L front Shuffle, R front Shuffle, L front Shuffle, Walk fwd R/L

1&2 Shuffle forward L R L (step L, together R, step L) couple moves back into sweet heart position
3&4 * Shuffle forward R L R (step R, together L, step R)
5&6 * Shuffle forward L R L (step L, together R, step L)
7-8 * Walk forward R, L

* Turning Option for counts 3-8: Release Left hands as the follow uses the 2 shuffles to make a full inside Left turn, under the lead's right arm. Connect L hands again on count 7-8 as the couple walks forward

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