

Friends (朋友歌)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 1 級數: High Improver
編舞者: Michelle Chen (TW) - January 2024
音樂: Song of Friends (朋友歌) - Tao Ta Wei (陶大偉) & Sun Yueh (孫越)



Introduction : 8*2 counts

Start Foot : Right(RF)

Tag : 4 Counts

Bridge : 8 Counts *2 or *4

ReStart : None

Sequence : Intro-AA-Tag-B-Bridge(8c*2)-AA-Tag-B-Bridge(8c*4)-A-Tag-BBBB

TIPS : This Dance can be danced by only 1-Wall, or designed for Contra

Section A: 8 counts * 4

A1: STEP & KICK *4 TIMES

1 2 3 4 (starting at 12:00)Step RF in place, Kick LF Fwrd, Step LF in place, Kick RF Fwrd

5 6 7 8 (repeat 1-4)

A2: GRAPEVINE W/KICK

1 2 3 4 Step RF Rside, Step LF Bwck Cross RF, Step RF Rside, Kick LF Diag Fwrd

5 6 7 8 Step LF Rside, Step RF Bwck Cross LF, Step LF Rside, Kick RF Diag Fwrd

A3: JAZZBOX, HEEL SPLIT

1 2 3 4 Step RF Cross LF, Step LF Bwck, Step RF Rside, Step LF together

5 6 7 8 Split both Heel Out-back to center-Out-back to center

A4: VAUDEVILLE

1 2 3 4 Step RF cross LF, Step LF Lside, Heel-Touch RF Diag Fwrd, Step RF Rside

5 6 7 8 Step LF cross RF, Step RF Lside, Heel-Touch LF Diag Fwrd, Step LF Rside

Section B: 8 counts * 4

B1: HEEL SWITCH, R&R-TOGETHER-HOLD

1 2 3 4 Heel-Touch RF Fwrd, Step RF together, Heel-Touch LF Fwrd, Step LF together

5 6 7 & 8 Rock RF Diag Fwrd & Recover back to LF, Step RF together, Hold (Clap*2)(Weight on LF)

B2: HEEL SWITCH, R&R-TOGETHER-HOLD

1 2 3 4 Heel-Touch RF Fwrd, Step RF together, Heel-Touch LF Fwrd, Step LF together

5 6 7 & 8 Rock RF Rside & Recover back to LF, Step RF together, Hold (Clap*2)(Weight on LF)

B3: CROSS R&R, CHASSE

1 2 3 4 Rock RF cross LF & Recover back LF, Step RF Rside, Ball-Step LF together, Step RF Rside

5 6 7 8 Rock LF cross RF & Recover back RF, Step LF Rside, Ball-Step RF together, Step LF Rside

B4: V-STEP, OUT-OUT-IN-IN W/HOLD

1 2 3 4 Step RF Diag Fwrd, Step LF Diag Fwrd, Step RF Diag Bwrd, Step LF Diag Bwrd(together)

&5 6 & 7 8 Jump-Step RF Rside-Out, Jump-Step LF Lside-Out, Hold, Jump-Step RF back to center(In),
Jump-Step LF back to center(In & together), Hold

Tag: 4 counts

Tag1: HOLD W/CLAP, JUMP

1 2 3 4 Hold w/Clap 2 times, Jump 2 times

Bridge: 8 counts *2 / *4

Bdg1: WALK

1 2 3 4 Walk RF / LF / RF / LF
5 6 7 8 (repeat 1-4)

Bdg2: WALK

Bdg3: WALK

Bdg4: WALK

(Note : In this Bridge you may change the contra style)

Notes for abbr.

RF(Right Foot) / LF(Left Foot)

Fwrđ(forward) / Bwrđ(backword) / Rside(right side) / Lside(left side)

Diag (diagonal)

TR(make a RightTurn) / TL(make a Left Turn)

Contact:

If there is any question or suggestion, please don't hesitate to contact.

Thanks a lot. Hope you like it.

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