

Mercy AB

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Annemaree Sleeth (AUS) - January 2024
音樂: Mercy - Valytn
或: Mercy - Duffy



Split Floor to Harder Dances

No Tags Or Restarts

Written for the New Dancers at Sherbrooke U3a

Begin on words "You can start straight away
I have begun on I Love "You" 32 Counts In

Intro: 32 Counts Approx 18 Seconds In Dance Rotates Ccw

S1 [1 – 8] CROSS POINTS FWD, CROSS POINTS BACK

1 – 2 Slightly Cross Right Forward, Point Left Out Side
3 – 4 Slightly Cross Left Forward, Point Right Out Side
5 – 6 Slightly Cross Right Back, Point Left Out Side
7 – 8 Slightly Cross Left Back , Touch Right Side

S2 [9 – 16] SIDE TOGETHER SIDE TOUCH, SIDE TOUCH X 2

1 – 2 Step Right Side, Step Left Beside Right
3 – 4 Step Right Side, Touch Left Beside Right
5 – 6 Step Left Side, Touch Right Beside Left
7 – 8 Step Right Side, Touch Left Beside Right

S3 [17 -24] ¼ LEFT VINE, BRUSH, ROCKING CHAIR

1 – 2 Step Left Side, Cross Right Slightly Behind Left
3 – 4 Turn ¼ Left Step Left Forward, Brush Right Forward (9.00)
5 – 6 Rock Right Forward, Recover Left
7 – 8 Rock Right Back, Recover Left

S4 [25 – 32] JAZZBOX, DOUBLE HIPS RIGHT, SINGLE HIP LEFT, HOLD

1 – 2 Cross Right Over Left, Step Left Back
3 – 4 Step Right Side, Step Left Slightly Forward/Cross LOR
5 – 6 Step Right Out To Side Bump Hips Right x 2
7 – 8 Transfer Weight To Left Bump Hips Left, Hold

Or Single Hips Right hold, Left hold. Or Hip Roll R.L

Ending Faces Back 2 Cross Points then Step Fwd Right ,½ pivot,Left to face front

Watch The Video on annemaree sleeth Youtube

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