

Montero

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Eva Lena (USA) - January 2024
音樂: MONTERO (Call Me By Your Name) - Lil Nas X



Intro: 8 counts

*rotates counter clockwise

(1-8) 3 syncopated heel digs (crossing over L with RF), cross scuff, stomp, stomping triple step

- 1,2 Cross step w/ RF heel toes facing 10 o'clock (1), dig heel & turn RF toes to 2 o'clock while stepping side on LF (2)
- 3&4& Cross step w/ RF heel toes facing 10 o'clock (3), dig heel & turn RF toes to 2 o'clock while stepping side on LF (&), cross step w/ RF heel toes facing 10 o'clock (4), dig heel & turn RF toes to 2 o'clock while stepping side on LF (&)
- 5,6 Cross scuff RF heel towards 10 o'clock (5), stomp side w/ RF towards 3 o'clock wall (6)
- 7&8 Stomping triple step, stomp LF forward (7), stomp together RF(&), stomp LF forward (8)

(9-16) Rock step & sweep, sailor step, stomp, stomp, lock step, triple step

- 1,2& Rock back RF & sweep LF 1/2 turn to face 9 o'clock wall (1), sailor step forward RF 1/4 turn to face 6 o'clock wall (2), LF step side (&)
- 3,4 Stomp side LF (3), stomp side RF (4)
- 5,6 Lock step diagonal towards 7 o'clock, step LF (5), drag in RF w/ heel pop LF (6)
- 7&8 Triple step on diagonal facing 7 o'clock, step forward LF (7), step together RF (&), step forward LF (8)

(17-24) Lock step, triple step, mambo press w/ hip roll, coaster step

- 1,2 Lock step diagonal RF towards 5 o'clock, step RF (1), drag in LF w/ heel pop RF (2)
- 3&4 Triple step on diagonal facing 5 o'clock, step forward RF (3), step together LF (&), step forward RF (4)
- 5,6 Mambo press, step press LF forward w/ L hip roll (5), step weight back RF (6)
- 7&8 Coaster step, step back LF (7), step together RF (&), step forward LF (8)

(25-32) Pivot 1/2 turn, triple step, scuff heel, L hip pop, coaster step, spiral over R shoulder

- 1,2 Pivot 1/2 turn to face the 9 o'clock wall, step forward RF (1), 1/2 turn over L shoulder (2)
- 3&4& Triple step, step forward RF (3), step together LF (&), step forward RF (4), scuff L heel & lift L leg forward (&)
- 5&6& Pop left hip up (5), left hip drops down (&), begin coaster step, step back LF (6), step together RF (&)
- 7,8 End coaster step, step forward LF (7), spiral on LF w/ full turn over right shoulder (8) to face 9 o'clock wall