

How You Leave a Man EZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Suzi Beau (ENG) & Mathew Sinyard (UK) - January 2024
音樂: How You Leave A Man - Paloma Faith



Intro: Start on 1st heavy beat approx. 8 seconds

***1 Tag danced at the end of wall**

Section 1 Step R, Point L: Side, Across, Side, Cross Left, Point Right, Back Right, Point Left.

1 2 Step forward on right, point left to side.
3 4 Point left across right, point left to side.
5 6 Cross left over right, point right to side.
7 8 Cross right behind left, point left to side.

Section 2 Behind, Side, L Shuffle Forward, Step Pivot ½ Left, R Shuffle Forward.

1 2 Cross left behind right, step right to side.
3 & 4 Step forward on left, close right towards left, step forward on left.
5 6 Step forward on right, pivot ½ turn left.
7 & 8 Step forward on right, close left towards right, step forward on right.

Section 3 Rock L Forward, Recover, L Coaster Step, Step R, Hitch L, Back L, Swivel.

1 2 Rock forward on left, recover on to right.
3 & 4 Step back on left, step right beside left, step forward on left.
5 6 Step forward on right, hitch left.
7 & 8 Step back on left, swivel heels right then centre.

Section 4 Walk Back R L, Rock R Back, Recover, Jazz box ¼ Turn Right.

1 2 Step back right, step back left.
3 4 Rock back on right, recover on to left.
5 6 Cross right over left, step back on left.
7 8 ¼ turn right stepping right forward, step forward left.

Tag danced at the end of wall 4 - V step.

1 2 Step out right to right diagonal, step out left to left diagonal.
3 4 Step in right, step in left.

Have Fun & Enjoy x. ☐

With special thanks 'The Somerton Thursday Morning' Dancers (Guinea Pigs).

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