

Stranger

拍數: 112 牆數: 4 級數: Phrased Intermediate
編舞者: Russibell Seoh (KOR) - January 2024
音樂: STRANGER - SUNMI



Intro : 32Counts

Part A : 32 Counts

Part B : 32 Count

Part C : 48 Counts

Sequence

A A B C A B C A C (32) C

Part A : 32 Counts

ASec1 : R Side , Rock Behind L , Recover On R , 1/4 R Turn L Side , Bend Upper Body Down , Slowly Raise Upper Body Upward For Three Counts

1234 R Side , Rock Cross L behind R , Recover On R , 1/4 R Turn L Side (3:00)

5678 Bend Upper Body Down , Slowly Raise Upper Body Upward For Three Counts Weight On L

ASec2 : R Stomp & R Hip Bump , Hold , L Stomp & L Hip Bump , Slowly clockwise Hip Roll For Four Counts

1234 R Stomp & R Hip Bump , Hold , L Stomp & L Hip Bump , Hold

Styling : When stomping with your right foot, raise your left hand above your head, and when stomping with your left foot, raise your right hand.

5678 Slowly Clockwise Hip Roll For Four Counts Finally Weight On L

Styling : Rotate both arms clockwise above your head in the same direction and at the same speed as your hips.

ASec3 : Rock R Back Bending L Knee , Recover On L Sweeping R From Back To Front , Cross R Over L , L Side , Cross R Behind L & 1/4 L Turn Sweeping L From Front To Back , 1/4 L Turn Sailor , Hold , R Side , 1/4 L Turn Cross L Over R

12 Rock R Back Bending L Knee , Recover On L Sweeping R From Back To Front

3&4 Cross R Over L , L Side , Cross R Behind L & 1/4 L Turn Sweeping L From Front To Back(12:00)

5&6 1/4 L Turn Step L Behind R (6:00), R Side (9:00), Cross L Over R

7&8 Hold ,R Side (6:00),1/4 L Turn Cross L Over R

ASec4 : Scissors Step , 1/4 R Turn Step L Back , 1/2 R Turn Shuffle Fwd , Step L Fwd , 1/2 R Pivot Weight On L & Flick R

1234 R Side, Close L Next To R , Cross R Over L , 1/4 R Turn Step L Back (9:00)

5&6 1/4 R Turn R Side , Close L next To R , 1/4 R Turn Step R Fwd (3:00)

78 Step L Fwd , 1/2 R Pivot Weight On L & Flick R(9:00)

Part B : 32 Counts

BSec1 : Back Walk R L R L , R Side ,L Side , Hook R Over L , In Place R , 1/4 R Turn Together

1234 Back Walk R L R L

&5 R Side ,L Side

Styling : Raise both arms upward and rotate them about half a turn clockwise.

678 Hook R Over L , In Place R , 1/4 R Turn Close L Next To R (3:00)

Styling : When hooking, lower your right hand and assume a sweating pose with your left hand from above your forehead to the left.

BSec2 : Cross Toe Strut R , Side Toe Strut L , 1/4 L Turn Step R Side & Hip Sway , Recover On L & Hip Sway L , 1/4 L Turn Step R Side & Hip Sway R , Recover On L & Hip Sway L

- 1234 Touch Cross R Toe Over L , In Place R Heel Down , Touch L Toe To L Side , In Place L Heel Down
56 1/4 L Turn Step R Side & Hip Sway (12:00) , Recover On L & Hip Sway L
78 1/4 L Turn Step R Side & Hip Sway R (9:00), Recover On L & Hip Sway L

BSec3 : Syncopated Rock Step, Rock L Back , Recover On R , Step L Fwd, 1/2 R Pivot Turn On R , Full Turn To R

- 12& Rock R Fwd, Recover On L , Close R Next To L
34 Rock L Back , Recover On R
56 Step L Fwd, 1/2 R Pivot Turn On R (3:00)
78 1/2 Step L Back , 1/2 L Turn Step R Fwd (3:00)

BSec4 : 1/4 R Turn L Side , Touch R Next To L , 1/4 R Turn R Side Chasse , 1/4 R Turn L Side , Touch Cross R Behind L , Hold , 1/2 R Unwind Turn On L For Two Counts

- 12 1/4 R Turn L Side , Touch R Next To L
3&4 R Side, Close L Next To R , 1/4 R Turn Step R Fwd
&56 1/4 R Turn L Side , Touch Cross R Behind L , Hold
78 1/2 R Slow Unwind Turn On L For Two Counts

Part C : 48 Counts

CSec1 : R Side , L Side , Chest Bump Out - In , Hold For Two Counts , Twist Body To The L , 1/8 R Turn Your Body To R

- 12 R Side , L Side

Styling : When placing on the right foot side, place your hand on the right chest, and conversely, when placing on the left foot side, place the left hand on the left chest.

- 34 Turn Only Your Upper Body To The R Then Chest Bump Out - In
56 Hold For Two Counts
78 Twist Body To The L , Turn Your Body Facing 1: 30

Styling : When twisting to the left, place your left hand behind your left ear, and when turning back to the right, place your left index finger in front of your mouth.

CSec2 : Shake Body L R L R , Hold For Two Counts , Sit Down With Your Head Down On Your Back , Return Your Body & Head To Original Position

- 1234 Shake Body L R L R
56 Hold For Two Counts
78 Sit Down With Your Head Down On Your Back , Return Your Body & Head To Original Position

CSec3 : Twist Ball Of R To In At This Time Lift Heel Of R To Out , Twist Ball Of R To Center , Twist Ball Of L To In At This Time Lift Heel Of L To Out , Twist Ball Of L To Center , Twist Ball Of R To In At This Time Lift Heel Of R To Out , Twist Ball Of R To Center , Twist Ball Of L To In At This Time Lift Heel Of L To Out , Twist Ball Of L To Center

- 12 Twist Ball Of R To In At This Time Lift Heel Of R To Out , Twist Ball Of R To Center
34 Twist Ball Of L To In At This Time Lift Heel Of L To Out , Twist Ball Of L To Center
56 Twist Ball Of R To In At This Time Lift Heel Of R To Out , Twist Ball Of R To Center
78 Twist Ball Of L To In At This Time Lift Heel Of L To Out , Twist Ball Of L To Center

CSec4 : Hip Bump R L R L , Together , Hold , 1/4 R Turn In Place L Step , Hold

- 1234 Hip Bump R L R L
5678 Close R next To L , Hold , 1/4 R Turn In Place L Step , Hold

CSec5 : Zombi Walk R L R , Stretch Both Arms Above Your Head , Jump & Spread Your Feet Apart

- 1234 Press Ball Of R Fwd , R Heel Down , Press Ball Of L Fwd , L Heel Down
56 Press Ball Of R Fwd , R Heel Down

Styling : Move forward while keeping both hands folded in front of you.

78 Stretch Both Arms Above Your Head , Jump & Spread Your Feet Apart

CSec6 : Hip Sway , Hold , Hip Sway L R , 1/4 L Turn Step L Fwd , 1/2 L Turn Step R Back , Step L Back , Hitch R

1234 Hip Sway , Hold , Hip Sway L R

Styling : Bend Your Upper Body Down

56 1/4 L Turn Step L Fwd , 1/2 L Turn Step R Back

78 Step L Back , Hitch R

Happy Dancing !!
