

Being Human

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Advanced
編舞者: Raquel Reynolds (USA) - January 2024
音樂: A Symptom Of Being Human - Shinedown



***3 Tags End of Wall 2,4,5

(1-8) Start 10:30 RF Sweep, Cross RF, Turn $\frac{3}{8}$ Turn Rt, RF Side, Full Left Turn, Step, Step, RF Side, LF Behind

1 2&3 Start 10:30 Sweep RF Back to Front, Cross RF over LF, Make $\frac{3}{8}$ Turn Rt Step LF in Place, Step RF Side (3:00)
4&5 Step LF Side, Make $\frac{1}{2}$ Turn L Close RF to LF, Make $\frac{1}{2}$ Turn L Step LF Side (3:00)
6 7 Step RF Fwd, Step LF Fwd
8& Step RF Diagonal Fwd, Cross LF Behind RF

(9-16) RF Side, Twist body L, $\frac{1}{2}$ Right, $\frac{3}{8}$ Turn Right, Full Left Turn, Hold, RF Back, LF Back, RF Side

1 2 3 Step RF Side Turn Body $\frac{1}{4}$ L, Recover to LF Turn $\frac{1}{2}$ Rt, Make $\frac{3}{8}$ Turn Rt Step RF Fwd (10:30)
4&5 Step LF Fwd, Make $\frac{1}{2}$ Turn L close RF to LF, Make $\frac{1}{2}$ Turn L Step LF Side (10:30)
6 7 Hold, Step RF Back (Backing 4:30)
8& Step LF Back, Step RF Side (12:00)

(17-24) Cross Lf over RF, $\frac{1}{2}$ Pivot, $\frac{1}{2}$ Pivot, Step, Passé Rt, Spiral, LF Fwd, RF Fwd, Jump Both Feet Out

1 2 3& Cross LF over RF, Make $\frac{1}{2}$ Pivot Rt Step RF in Place, Step LF Fwd, Make $\frac{1}{2}$ Pivot R Recover to RF (1:30)
456& Step LF Fwd, Passé Rt Knee, Cross RF over LF (10:30), Make Full Spiral Turn Left
78& Step LF Fwd, Step RF Fwd, Jump Both Feet Out w/ Arms Extended Side (10:30)

(25-32) Hand to Head, Bend Torso to Floor, RF Back, LF Back, L Pirouette

123 Jump Both Feet Closed, Bring Both Hands to Head, Bend Torso to Floor, Rise
4&56 Step RF Back (4:30), Step LF Back, Step RF Side (12:00), Hold
7 8 Step LF Side, Make Full Turn Left Spinning on LF w/RF in Passé

(33-40) Cross Point, Cross, Sweep, Cross-Side-Back, Step, Arabesque, Pivot

1&2& (1:30) Cross RF over LF, Point LF Side, Cross LF over RF, Sweep RF Back to Front
3&4 Cross RF over LF, Step LF in Place, Step RF Back (7:30)
5&6 Make $\frac{1}{4}$ Turn Left Step LF Fwd, Kick R Leg Back (Arabesque), Touch RF to Left Knee (10:30)
7 8 Step RF Fwd, Make $\frac{1}{2}$ Pivot Left Keeping Weight on RF (4:30)

(41-48) Left Twinkle, Right Twinkle, Left Full Turn, Arms Open Over Head

1 2& Step LF Fwd(4:30), Make $\frac{3}{8}$ Turn L Step RF Side, Step LF Slightly Back
3 4& Make $\frac{1}{8}$ Turn L Cross RF over LF, Step LF Back, Step RF Side
5 6 Step LF Side, Make Full Turn Left on Both Feet (platform spin)
7 8 Bring Both Arms In and Open Both Over Head

TAG:

1 2& Step LF Diagonal Fwd, Cross RF over LF, Recover to LF
3&4 Step RF Side, Cross LF over RF, Recover to RF

