Rocking on the Riverside

級數: Beginner / High Beginner

編舞者: Yvonne Anderson (SCO) - November 2023

音樂: Lord Willing and the Creek Don't Rise - Old Crow Medicine Show : (iTunes and Amazon)

Notes: Start on vocal,. Tag and restarts after count 32 during 5th wall (facing 12 0'clock) and 8th wall facing (6 o'clock).

HUGE thanks to Sharon Appleby for suggesting I write a dance to this fantastic track.

[1-8] FORWARD RIGHT-LOCK-RIGHT, BRUSH, FORWARD LEFT-LOCK-LEFT, BRUSH

- 1-4 Step R forward, Lock L behind right, Set R forward, Brush L beside right [12]
- 5-8 Step L forward, Lock R behind left, Step I forward, Brush R beside left [12]

[9-16] K STEP WITH 1/4 TURN RIGHT

- 1-4 Step R forward, Touch L toes beside right and clap hands, Step L back, Touch R toes beside left and clap hands
- 5-8 1/4 turn right and stepping R to right, Touch L toes beside right, Step L to left, Touch R toes beside left [3]

[17-24] GRAPEVINE RIGHT, TOUCH, GRAPEVINE 1/4 TURN LEFT, TOGETHER

- 1-4 Step R to right, Step L behind right, Step r to right, Touch L toes beside right [3]
- 5-8 Step L to left, Step R behind left, 1/4 left stepping L forward, Step R beside left [12]

[25-32] TRAVELLING RIGHT TWIST HEELS-TOES-HEELS, CLAP, REPEAT TRAVELLING LEFT

- 1-4 Twist heels to right, Twist toes to right, Twist heels to right, Hold and clap [12]
- 5-8 Twist heels to left, twist toes to left, Twist heels to left, Hold and clap {12}

(Tag & Restart walls 5 and 7 facing 12 and 6 respectively)

[33-40] MONTEREY 1/4 TURN RIGHT, MONTEREY 1/2 TURN RIGHT

1-4 Point R to right, 1/4 turn right stepping R beside left, Point L to left, Step L beside right [3]

5-8 Point R to right, 1/2 turn right stepping R beside left, Point L to left, Step L beside right [9]

[41-48] SIDE ROCK RIGHT-RECOVER-BEHIND, SIDE ROCK LEFT-RECOVER-BEHIND, STEP SIDE, WALK FORWARD

1-4 Rock R to right, Recover weight on L, Step R behind left, Rock L to left [9]

5-8 Recover weight on R, Step L behind right, Step R to right, Walk forward on L

REPEAT

Tag: The tag and restart happens after count 32 during during wall 5 (facing 12 o'clock) and wall 8 (facing 6 o'clock)

Dance up to count 32 (heel twists) then add the following 4 counts and restart

[1-4] ROCKING CHAIR

1-4 Rock R forward, Recover weight on L, Rock R back, Recover weight on L

Last Update: 4 Feb 2024







拍數: 48