

# Up

拍數: 28      牆數: 4      級數: Beginner  
編舞者: Ann Domingue (USA) - September 2022  
音樂: Up - Luke Bryan



Begin on the lyrics:

## Heel, Toe, Shuffle forward 2X

1-2            touch RT heel forward, touch RT toe back  
3&4            shuffle forward RLR  
5-6            touch LT heel forward, touch LT toe back  
7&8            shuffle forward LRL

## Tap, Tap Sailor Step

1-2            tap RT foot forward, tap RT foot to side  
3&4            sailor step  
5-6            tap LT foot forward, tap LT foot to side  
7&8            sailor step turning ¼ left

## Rock-Recover, Shuffle back; Rock-Recover, Shuffle forward

1-2            rock RT foot forward, recover on LT  
3&4            shuffle back RLR  
5-6            rock LT foot back, recover on RT  
7&8            shuffle forward LRL

**\*Restart here (see below)**

## Jazz Box

1-4            cross RT over LT, step Lt to side, step RT to side, Cross Lt over RT

Tag: on end of second sequence (facing 6:00): Tap RT foot 2X, Jazz box

**\*Restart: after 5th sequence (facing 9:00) restart omitting the Jazz Box**

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