

Who I Am

拍數: 48 牆數: 2 級數: Phrased Intermediate
編舞者: Chandrani Eilena Emmiyan (INA) - January 2024
音樂: Who I Am - Alan Walker, Putri Ariani & Peder Elias



Sequences : A A B – A A B – A B B – A (20c with ending steps on the last 4 counts)

Intro: 8 Counts

PHRASE A (32 Counts)

Session 1 - DIAGONAL STEP-RECOVER-SIDE (2 SET), CROSS WITH SWEEP-CROSS-SIDE-BEHIND WITH SWEEP, BEHIND- ¼ LEFT FWD

- 1-2& Step R diagonally forward to left (10.30), Recover onto L, Squaring to 12.00 & step R to right side
- 3-4& Step L diagonally forward to right (1.30), Recover onto R, Squaring to 12.00 & step L to left side
- 5-6& Cross R over L while sweeping L to front, Cross L over R, Step R to right side
- 7-8& Step L close behind R while sweeping R to back, Step R close behind L, Turn ¼ to left & step L forward (9.00)

Session 2 - PIVOT ½ LEFT-STEP, CHAINE TURN RIGHT-STEP, CHAINE TURN LEFT-STEP-RECOVER-TOGETHER

- 1-3 Step R forward, Turn ½ to left & step L in place (3.00), Step R forward
- 4&5 Turn ½ to right & step L together (9.00), Turn ½ to right & step R forward (3.00), Step L forward (prep are to turn left)
- 6&7 Turn ½ to left & step R together (9.00), Turn ½ to left & step L forward (3.00), Step R forward
- 8& Recover onto L, Step R next to L

Session 3 - BACK WITH SWEEP-BEHIND-TURN ¼ LEFT FWD, TURN ¼ LEFT TO SIDE, BASIC NC WITH ¼ TURN RIGHT WITH SWEEP, BACK WITH SWEEP-COASTER STEP

- 1-2&3 Step L back while sweeping R to back, Step R close behind L, Turn ¼ to left & step L forward (12.00), Turn ¼ to left & step R to right side (9.00)
- 4&5 Step L close behind R, Cross R over L, Turn ¼ to right & step L back while sweeping R to back (12.00)
- 6-7&8 Step R back while sweeping L to back, Step L back , Step R next to L, Step L forward

Ending : BACK WITH SWEEP, MODIFIED COASTER STEP WITH ¼ TURN RIGHT, HOLD

- 1-2&3-4 Step L back while sweeping R to back, Turn ¼ to right & step R back (12.00), Step L next to R, Step R forward, Hold

Session 4 - CROSS WITH PRESS-RECOVER & MODIFIED COASTER STEP WITH ¼ TURN RIGHT, CHA CHA LOCK, MODIFIED ROCKING CHAIR WITH ¼ TURN RIGHT

- 1-2 Cross & press R over L, Recover onto L while sweeping R to back & turning ¼ to right (3.00)
- 3&4 Step R back, Step L next to R, Step R forward
- 5&6 Step L forward, Step R behind L on ball, Step L forward
- 7&8& Step R forward, Recover onto L, Turn ¼ to right & step R to side (6.00), Recover onto L

PHRASE B (16 Counts)

Session 1 - VOLTA ½ TURN RIGHT, BOTAFOGO (x2)

- 1&2&3&4 Step R forward (prepare to turn right), Step L behind R on ball, Turn ¼ to right & step R forward (3.00), Step L behind R on ball, Turn 1/8 to right & step R forward (4.30), Step L behind R on ball, Turn 1/8 to right & step R forward (6.00)
- 5&6 Cross L over R, Step R to side, Recover onto L
- 7&8 Cross R over L, Step L to side, Recover onto R

Session 2 - VOLTA ½ TURN LEFT, BOTAFOGO (x2)

- 1&2&3&4 Step L forward (prepare to turn left), Step R behind R on ball, Turn ¼ to left & step L forward (3.00), Step R behind R on ball, Turn 1/8 to left & step L forward (1.30), Step L behind R on ball, Turn 1/8 to left & step L forward (12.00)
- 5&6 Cross R over L, Step R to side, Recover onto L
- 7&8 Cross L over R, Step R to side, Recover onto L

Happy dancing

Dancing from the heart

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