

O Jete

拍數: 32 牆數: 4 級數: High Beginner
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音樂: O Jetë - Tayna & Ardian Bujupi



Intro 16 counts

1 Tag (4C after Wall 9)

S1# WALK FWD (R-L-R) – LF HITCH – STEP BACK DIAGONALLY WITH CLOSE TOUCH (L – R)

1, 2 step RF fwd, step LF fwd
3, 4 step RF fwd, LF hitch
5, 6 step LF back diagonally, close touch RF next to LF
7, 8 step RF back diagonally, close touch LF next to RF

S2# L ROLLING VINE – SIDE WITH CLOSE TOUCH – ¼ L SIDE WITH CLOSE TOUCH

1, 2 ¼ turn L step LF fwd, ½ turn L step RF back
3, 4 ¼ turn L step LF to side, close touch RF next to LF
5, 6 step RF to side, close touch LF next to RF
7, 8 ¼ turn L step LF to side, close touch RF next to LF

(*Option for count 1 – 4, instead of doing Rolling vine, you can do L Vine)

S3# HEEL OUT & IN (R – L) – SWITCHED FWD HEEL TOUCH (R – L) – STEP FWD – TOGETHER – STEP BACK - TOGETHER

1&2& move RF heel out, move RF heel in, move LF heel out, move LF heel in
3&4& touch RF heel fwd, step RF back next to LF, touch LF heel fwd, step LF back next to RF
5, 6 step RF fwd, close LF next to RF
7, 8 step RF back, close LF next to RF

S4# ¼ PADDLE TURN (2X) – JAZZ BOX

1, 2 step RF fwd, ¼ turn L while doing hip roll in to transfer weight to LF
3, 4 step RF fwd, ¼ turn L whiel doing hip roll in to transfer weight to LF
5, 6 cross RF over LF, step LF back
7, 8 step RF to side, cross LF over RF or step LF fwd

TAG 1 (4C – SINGLE STEPS) after Wall 9

1, 2 step RF to side, close touch LF next to Rf
3, 4. step LF to side, close touch RF next to Lf

REPEAT from the starts

Let's Get Sweaty, Healthy and Happy!

Best Regards

Herman Baso

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