

Bam!

拍數: 32 牆數: 4 級數: Improver
編舞者: José Miguel Belloque Vane (NL), Tim Johnson (UK) & Rebecca Lee (MY) -
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音樂: Bam! (Chill Remix) - KELSON & LÒNIS



Count In: Dance begins after 20 counts

Notes: Tag happens on at the end of wall 5

[1-8] Walk R, walk L, R side rock cross, $\frac{1}{4}$, $\frac{1}{4}$, L cross & cross

1 -2 Walk forward R (1) Walk forward L (2)
3&4 Rock R to right side (3) recover weight to L (&) Cross R over L (4)
5-6 Making a $\frac{1}{4}$ turn right, step back on L (5), making a $\frac{1}{4}$ turn right, step R to right side (6)
7&8 Travelling right, cross L over R (7) step R to right side (&) cross L over R (8)

*end facing 6 o'clock

[9-16] R rock recover, L behind & in front, rock L, rock R, L&L

1-2 Rock R to right side (1) recover weight to L (2)
3&4 Travelling to the left, step R behind L (3) step L to left side (&) cross R over L (4)
5-6 Rock L out to left side (5) Rock R out to right side (6)
7&8 Travelling to the left, Rock L out to left side (7) recover weight onto R (&) Rock L out to left side (8)

*through counts 5-8 swing shoulders in the directions of the rocks.

[17-24] Rock R, rock L, R&R, cross $\frac{1}{4}$ forward, walk R, Walk L

1-2 Rock R to right side (1) rock L to left side (2)
3&4 Travelling to the right, rock R to right side (3) recover weight L (&) rock R to right side (4)
5&6 Cross L over R (5) making a $\frac{1}{4}$ left, rock back on R (&) Recover weight on L (6)
7-8 Walk forward R (7) walk forward L (8)

*through counts 1-4 swing shoulders in the directions of the rocks

*end facing 3 o'clock

[25-32] R rock $\frac{1}{4}$ cross, $\frac{1}{4}$, $\frac{1}{4}$, $\frac{3}{4}$ paddle turn

1&2 Rock R forward (1) making a $\frac{1}{4}$ turn left, recover weight on L (&) cross R over L (2)
3-4 Making a $\frac{1}{4}$ turn right, step back on L (3) Making a $\frac{1}{4}$ turn right, step R to right side (4)
5-6-7-8 Making a $\frac{1}{4}$ turn right, step L out to left side (5) Making a $\frac{1}{4}$ turn right, step L out to left side (6) Making a $\frac{1}{4}$ turn right, step L out to left side (7) Step L next to R (8)

* option on count 8, jump both feet together

**end facing 3 o'clock

TAG:

At the end of wall 5 there is a 4 count tag, you'll finish wall 5 facing 3 o'clock:

[1-4] reverse paddles $\frac{1}{4}$ turn

1-4 Making a $\frac{1}{12}$ turn, reverse paddle on L (1) Making a $\frac{1}{12}$ turn, reverse paddle on L (2)
 Making a $\frac{1}{12}$ turn, reverse paddle on L (3) Step L next to R (4)

*end facing 12

End of dance, Smile and enjoy ☐