

Going Places

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Christopher Gonzalez (USA) - February 2020
音樂: American Boy (No Rap Version) - Estelle
或: Club Can't Handle Me (feat. David Guetta) - Flo Rida



[1-8] Rock/Recover x2, Four Walks Forward 12:00

- 1, 2 Rock R forward (1), recover L (2) Encouraged flair: point R finger up toward corner and across L hip in disco style (1, 2) or push and contract chest out/in (1, 2) 12:00
- 3, 4 Rock R forward (3), recover L (4) Encouraged flair: point R finger up toward corner and across L hip in disco style (3, 4) or push and contract chest out/in (3, 4) 12:00
- 5, 6 Step R forward (5), step L forward (6) Encouraged arms: Wave arms overhead R, L (5, 6) 12:00
- 7, 8 Step R forward (7), step L forward (8) Encouraged arms: Wave arms overhead R, L (7, 8) 12:00

[9-16] Corner Toe Struts, Funky Walks/Grinds Back w/ 1/4 R Turn 3:00

- 1, 2 Turn 1/8 R (a.k.a. "right corner") and touch R forward (1), step R in place (2) Encouraged arms: Push both palms up and away toward corner (1), return arms (&), repeat push (2) 12:00
- 3, 4 Turn 1/4 L (a.k.a. "left corner") and touch L forward (3), step L in place (4) Encouraged arms: Push both palms up and away toward corner (3), return arms (&), repeat push (4) 12:00
- 5, 6 Step R back with L toe pointing up (still facing corner) (5), turn 1/4 R (right corner) and step L back with R toe pointing up (6) Encouraged arms: raise L hand like you're asking a question while R palm touches belly like you're hungry (5, 6) 12:00
- 7, 8 Turn 1/4 L and step R back with L toe pointing up (7), turn body 3/8 R (a.k.a. 3:00) and step L back with R toe pointing up (8) Encouraged arms: maintain previous arm position and relax arms during the turn (7, 8) 3:00

[17-24] Forward Half of Stroll + Charleston 3:00

- 1, 2 Step R forward (1), step L forward (2) 3:00
- 3, 4 Step R forward (3), kick L forward (4) 3:00
- 5, 6 Step L back (5), touch R back (6) 3:00
- 7, 8 Step R forward (7), kick L forward (8) 3:00

[25-32] Backward Half of Stroll + Charleston 3:00

- 1, 2 Step L back (1), step R back (2) 3:00
- 3, 4 Step L back (3), touch R back (4) 3:00
- 5, 6 Step R forward (5), kick L forward (6) 3:00
- 7, 8 Step L back (7), touch R back (8) 3:00