Keep on Dreaming

拍數: 36

級數: Beginner / Improver

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音樂: Dreaming - Marshmello, P!nk & Sting

[1-6] STEP RT TO SIDE, LT BEHIND RT, STEP RT 1/4 RT, STEP BACK ON LT TURNING 1/2 RT, STEP RT 1/4 RT, STEP LT TO LT SIDE

- 1-2 Step RT to RT side, Step LT behind RT
- 3-4 Start turning RT by stepping quarter RT, Step Back on LT turning half RT
- 5-6 Step RT turning a quarter RT, Step LT to LT side

[7-12] STEP RT BEHIND LT, STEP LT 1/4 LT, STEP FORWARD ON RT, PIVOT 1/2, STEP FORWARD ON RT, PIVOT 1/4

- 7-8 Step RT behind LT, Start turning LT by stepping 1/4 LT
- 9-10 Step RT Foot Forward, Pivot 1/2 LT transferring weight to LT
- 11-12 Step forward on RT, Pivot 1/4 LT transferring weight to LT

[13-20] CIRCLE SHUFFLE OVER 8 COUNTS, RT SHUFFLE, LT SHUFFLE, RT SHUFFLE, LT SHUFFLE

- 1&2 Step RT forward, & LT together, Step RT forward (Turning a quarter LT)
- 3&4 Step LT forward, & RT together, Step LT forward (Turning a quarter LT)
- 5&6 Step RT forward, & LT together, Step RT forward (Turning a quarter LT)
- 7&8 Step LT forward, & RT together, Step LT forward (Turning a quarter LT)

(Completing a full circle going LT, back in the original position before shuffles)

[21-28] ROCK RT, ROCK LT, CROSS, HOLD, ROCK LT, ROCK RT, CROSS, HOLD

- 1-2 Step RT to RT side rocking weight onto RT, Rock weight back onto LT side
- 3-4 Cross Step RT over LT, Hold a count
- 5-6 Step LT to LT side rocking weight onto LT, Rock weight back onto RT side
- 7-8 Cross Step LT over RT, Hold a count

[29-36] LARGE STEP TO RT SIDE, SLIDE LT TO RT, ROCK LT BEHIND RT, ROCK FOWARD ONTO RT, TURNING GRAPEVINE LT WITH 1/4 TURN LT.

- 1-2 Step large step to RT, Slide LT toward RT (no weight change)
- 3-4 Step back onto LT behind RT rock weight onto LT, Rock forward onto RT
- 5-8 Turning grapevine LT with a quarter turn LT at the end touching RT next to LT.

REPEAT

Last Update - 24 Jan. 2024 - R1





牆數:4