

Bunga Hati

拍數: 36 牆數: 4 級數: Improver
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音樂: Bunga Hati - Salma Salsabil



Intro 52 Counts or word "Telah Lama"

SI. SIDE FLICK OUT, CROSS SHUFFLE, SIDE, CLOSE TOUCH, DIAGONAL FORWARD, DIAGONAL CHASSE

1-2 Step R to side - Flick the Right leg out to the right side
3&4 Cross R over L - L to right side - Cross R over L
5&6 Step L & R close touch to L - Step R diagonal forward (body angle 10.30)
7&8 Turn 1/4 Right facing 1.30 Step L to side, Close R beside L, Step L to side

S2. FORWARD MAMBO, BACK, 1/8 TURN SIDE, FORWARD, WALK FORWARD (RL), RUN FORWARD/BOOGIE WALK

1&2 Rock R forward (1.30), recover onto L, step R back
3&4 Step L back, 1/8 turn Right step R to side (squaring 3.00), step L forward
5-6 Walk forward (RL)
7&8 Run forward (RLR)

***OPTIONAL* you can do Boogie Walk**

S3. FORWARD, RECOVER, 1/2 TURN FORWARD, FORWARD SHUFFLE, SIDE WITH HIPROLL, CLOSE TOUCH, KICK BALL CROSS

1&2 Step L forward, recover, 1/2 turn Left step L forward
3&4 Step R forward, close L to R, step R forward
***Restart* on W 4 after 20 C with change step**
3&4 Step R forward, close L to R, R close touch to L
5-6 Step L to side with hiproll clockwise , close R to L (body angle 10.30)
7&8 Kick R forward , step on R ball, cross L over R

S4. MODIFIED RHUMBA BOX

1-2 1/8 turn Left Step R to side, Close L together
3&4 Step R back, Close L together , Step R back
5-6 Step L to side, Close R together
7&8 Step L Forward, Close R Together, Step L Forward

S5. PIVOT 1/2 L (2X)

1-2 Step R Forwad, Turn 1/2 left, weight on L
3-4 Step R Forwad, Turn 1/2 left, weight on L

***Restart* on W 5 after 32 C**

ENJOY THE DANCE ☐

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