

Can't Keep Up

COPPERKNOB
STEPPERS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Nancy Rosera (USA) - January 2024
音樂: Keep Up - RaeLynn



Intro: 24c

Charleston 2X

1 2 3 4 Fwd R, kick L, back L, point R toe back
5 6 7 8 Fwd R, kick L, back L, point R toe back

Lindy R & L

1&2 3 4 Side shuffle R L R, rock back L, recover R
5&6 7 8 Side shuffle L R L, rock back R, recover L

Fwd R, Pivot 1/4 Left 2X, Jazz Box

1 2 3 4 Fwd R, pivot 1/4 left 2X
5 6 7 8 R over L, back L, side R, fwd L

Side R, Hold, Step L, Side R, Hold Step L, Behind, Side, Cross

1 2& 3 4& Side R, hold, step L, side R, hold, step L
5 6 Rock side R, recover L
7&8 R behind L, side L, R over L

Side L, Hold, Step R, Side L, Hold, Step R, Behind, Side, Cross

1 2& 3 4& Side L, hold, step R, side L, hold, step R
5 6 Rock side L, recover R
7&8 L behind R, side R, L over R

Kickball Change 2X, Side, Touch, Side Touch/1/4 R

1&2 Kick R fwd, step R ball, step L
3&4 Kick R fwd, step R ball, step L
5 6 Side R, touch L
7 8 1/4 turn right stepping back L, touch R

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