

Luna Lena 2023

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 1 級數: Phrased Improver
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音樂: Luna Lena - Malu Trevejo



INTRO : 8 C

THE DANCE START ON VOCAL

Sequence : A, B, TAG, A B (change step), A (32 & change step), B, B

There are 1 tag, 2 change step

A (64 C)

I. PRISSY WALK L R, SAMBA WISK, ¾ VOLTA TURN

- 1 2 Step LF cross over RF (1), Step RF cross over LF (2)
3 a 4 Step LF big step to side (3), Step RF slightly behind LF (a), Recover on LF (4)
5 a 6 a 7 a 1/8 Turn R Step RF forward (5), 1/8 Turn R Step LF slightly behind RF (a), 1/8 Turn R Step RF forward (6), 1/8 Turn R Step LF slightly behind RF (a), 1/8 Turn R step RF forward (7), 1/8 turn R Step LF slightly behind RF facing 9.00 (a)
8 Step R fwd facing 9.00 (8)

II. CROSS SAMBA, FWD MAMBO, BACK TOUCH L R, ¼ L SAILOR

- 1 a 2 Step LF cross over RF (1), Step RF to side (a), Recover on LF (2)
3 & 4 & Step RF fwd (3), Recover on LF (&), Step RF back (4), Step LF Touch toe forward (&)
5 & 6 & Step LF back (5), Step Touch toe RF fwd (&), Step RF back (6), Step Touch Toe LF fwd (&)
7 & 8 ¼ Turn L Step LF back (7)(06:00), Step RF next to LF (&), Step LF Fwd (8)

III. SYNCHOPATED DIAGONAL LOCK SHUFFLE, FWD, LOCK FWD, ½ PIVOT L, SIDE MAMBO TOUCH

- 1 & 2 & 3 Step RF diagonally fwd (1), Step LF behind RF (&), Step RF fwd (2), Step LF diagonally fwd (&)(06:00), Step RF behind LF (3)
4 5 6 Step LF fwd (4), Step RF fwd (5), ½ Turn L stepping on LF(6)(12:00)
7 & 8 Step RF to side (7), Recover on L (&), Step Touch RF close to LF(8)

IV. DOROTHY, SYNCHOPATED ROCKING CHAIR, PIVOT ½ TURN R , KICK BALL TOUCH

- 1 2 & Step RF diagonally fwd (1), Step LF behind RF (2), Step RF diagonally fwd (&)
3 & 4 & 1/8 Turn L step LF fwd (3)(12:00), Recover on R (&), Step LF Back (4), Recover on R (&)
5 6 Step LF fwd (5), ½ turn R stepping on RF weight on LF facing 6.00 (6)
7 & 8 Step Kick RF fwd (7), Step RF close to LF (&), Touch L beside R (8)

Step Change here when you do part B with close LF beside RF

V. ¼ L DIAMOND WITH HITCH, ½ L MAMBO TURN, R VOUNDEVILLE

- 1 & 2 Step LF cross over RF (1), Step RF to side (&), 1/8 Turn L step LF Back hitch on RF facing 4.30 (2)
3 & 4 Step RF back (3), ¼ Turn L Step LF to side facing 3.00(&), Step RF fwd (4)
5 & 6 Step LF fwd (5), Recover on R (&), ½ Turn L Step LF fwd facing 9.00 (6)
7 & 8 & Step RF cross over L (7), Step LF to side (&), Step Touch RF heel diagonally fwd (8), Step RF in place (&)

VI. CROSS SHUFFLE, ½ R CROSS SHUFFLE, SIDE ROCK RECOVER, BEHIND, ¼ R FWD, CROSS

- 1 & 2 Step LF cross over RF (1), Step RF to side (&), Step RF cross over LF (2)
3 & 4 ½ Turn R step RF Cross over LF facing 3.00 (3), Step LF to side (&), Step RF cross over LF (4)
5 6 Step LF to side (5), Recover on RF (6)

7 & 8 Step LF cross behind RF (7), ¼ Turn R step RF to Side facing 6.00 (&), Step LF cross over RF (8)

VII. SIDE, TOGETHER, CHASSE, FWD TOUCH, SIDE TOUCH, ¼ L SAILOR

1 2 3 & 4 Step RF side (1), Step LF next to RF (2), Step RF to side (3), Step LF next to RF (&), Step RF to side (4)

5 6 7 & 8 Step Touch LF fwd (5), Step Touch LF to side (6), ¼ Turn L step LF behind RF facing 3.00 (7), Step RF to side (&), Step LF side (8)

VIII. JUMP FWD - BACK, ¼ L JUMP FWD – BACK, FWD, ½ L PIVOT, WALK R L

& 1 & 2 Step RF Jump fwd (&), Step LF side (1), Step Jump RF back (&), Step LF next to RF (2)

& 3 & 4 ¼ Turn L jump RF fwd facing 12.00(&), Step LF to side (3), Step Jump RF back (&), Step LF next to RF (4)

5 - 8 Step RF fwd (5), ½ Turn L stepping on LF facing 6.00 (6), Step RF fwd (7), Step LF forward (8)

B (32 C)

I. HEEL GRIND, SAMBA WISK, SIDE, ¼ R HOOK

1 & 2 & Step RF with heel (1), Recover on LF (&), Step RF back (2), Recover on LF (&)

3 & 4 & Step RF with Heel (3), Recover on LF (&), Step RF back (4), Recover on LF

5 a 6 Step RF big Step to R (5), Step LF slightly behind RF (a), Recover on RF(6)

7 8 1/4 turn R step LF back facing 9.00 (7), Step RF Hook cross over LF (8)

II. (DIAGONAL STEP, LOCK, FWD SHUFFLE) R L

1 2 1/8 turn R step RF Fwd (1), Step LF behind RF (2)

3 & 4 Step RF fwd (3), Step LF next to RF (&), Step RF fwd (4)

5 - 6 Step LF forward (5), Step RF behind LF (6)

7 & 8 Step LF forward (7), Step RF behind LF, Step LF forward (8)

III. VOUNDEFILLE R L, CROSS, ¼ R , CHASSE

1 & 2 & Step RF cross over LF (1), Step LF to side (&), Step RF heel fwd (2), Recover on LF (&)

3 & 4 & Step LF cross Over RF (3), Step RF to Side (&), Step LF heel fwd (4), Recover On RF (&)

5 6 Step RF cross over LF (5), ¼ Turn R step LF back facing 12.00 (6)

7 & 8 Step RF to side (7), step LF next to RF (&), Step RF to side 8)

IV. BOTAFOGO L R, FWD MAMBO, BACK, CLOSE

1 & 2 Step LF cross over RF (1), Step RF to side (&), Recover on LF (2)

3 & 4 Step RF cross over LF (3), Step LF to side (&), Recover on RF (4)

5 & 6 Step LF fwd (5), Recover on RF (&), Step LF back (6)

7 8 Step RF back (7), Step LF close to RF (8)

(# change step here with Touch L close to R (8) when you do part A after part B)

End the dance with free style to turn facing 12:00

Tag (8 C)

SAMBA WISK R - L , R FULL VOLTA TURN

1 a 2 Step RF big step to R (1), Step LF slightly behind RF (a), Recover on RF(2)

3 a 4 Step LF big step to L (3), Step RF slightly behind LF (a), Recover on LF (4)

5 a 6 ¼ turn R step RF Cross over LF (5), Step LF slightly behind RF (a), Step RF fwd (6)

a 7 a 8 turn 1/4 R step LF behind RF (a), Step RF fwd (7), 1/4 turn R step LF behind RF (a), Step RF forward facing 12.00 (8)

Enjoy the dance

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