

Struggle and Prayer

拍數: 32 牆數: 4 級數: Beginner
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音樂: My Special Prayer - Piet Veerman



Start on vocals - Intro: 16 counts - No tag - No restart

SEC.I - STEP LOCK DIAG. LOCK SHUFFLE FWD RIGHT DIAG. STEP LOCK DIAG. LOCK SHUFFLE FWD LEFT DIAG.

- 1- Step RF fwd Right diagonal
- 2- Lock LF behind RF
- 3- Step RF fwd Right diagonal
- &- Lock LF behind RF
- 4- Step RF fwd Right diagonal
- 5- Step LF fwd Left diagonal
- 6- Lock RF behind LF
- 7- Step LF fwd Left diagonal
- &- Lock RF behind LF
- 8- Step LF fwd diagonal

SEC.II - PIVOT 1/2 TURN LEFT, TRIPLE 1/2 TURN LEFT, HINGE 1/2 TURN LEFT WITH WALKS FWD, SHUFFLE FWD

- 1- Step RF fwd
- 2- Pivot 1/2 turn Left
- 3- Make a 1/2 turn Left stepping RF back
- &- Step LF next to RF
- 4- Step RF back
- 5- Make a 1/2 turn Left stepping LF fwd with (hinge)
- 6- Step RF fwd
- 7- Step LF fwd
- &- Step RF next to LF
- 8- Step LF fwd

SEC.III - CROSS, 1/2 TURN RIGHT WITH RIGHT CHASSE, CROSS ROCK, LEFT CHASSE

- 1- Cross RF over LF
- 2- Step back 1/4 turn Right stepping LF back
- 3- Turn 1/4 turn Right step RF to Right side
- &- Close LF beside RF
- 4- Step RF to Right side
- 5- Step LF fwd & cross
- 6- Recover on RF
- 7- Step LF to Left side
- &- Close RF beside LF
- 8- Step LF to Left side

SEC.IV - CROSS, STEP BACK 1/4 TURN RIGHT, BACK SHUFFLE, BACK ROCK, SHUFFLE FWD

- 1- Cross RF over LF
- 2- Step back 1/4 turn Right stepping LF back
- 3- Step RF back
- &- Step LF next to RF
- 4- Step RF back
- 5- Step LF back

- 6- Recover on RF
- 7- Step LF fwd
- &- Step RF next to LF
- 8- Step LF fwd

Option: (7 & 8) easy improver FULL TURN RIGHT (MOVING FWD)

End of pattern & start over again - Enjoy & have fun!
Happy New Year 01-01-2024

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