Lost In Love's Race



拍數: 48 牆數: 4 級數: Improver

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Start on vocals - Intro: 12 counts

SEC.I - TWINKLE TO RIGHT, TWINKLE TO LEFT 1/2 TURN RIGHT

1- Cross LF over RF2- Step RF to Right side

3- Recover on LF 4- Cross RF over LF

5- Step back 1/4 turn Right stepping LF back

6- Turn 1/4 turn Right step RF to Right side (weight on RF)

SEC.II - REPEAT SEC.I

SEC.III - STEP FWD & CROSSING TWINKLE TO RIGHT, STEP FWD & CROSSING TWINKLE TO LEFT WITH (SPIRAL) 1/2 TURN RIGHT

1- Step LF fwd & across to Right

2- Step RF to Right side

3- Recover on LF (turning body slightly to Left)

4- Step RF fwd & across to Left

5- Step back 1/4 turn Right stepping LF back

6- Turn 1/4 turn Right step RF to Right side with spiral (weight on RF)

SEC.IV - REPEAT SEC.III

SEC.V - CROSS, RIGHT CHASSE, TWINKLE TO RIGHT

1- Cross LF over RF
2- Step RF to Right side
&- Close RF beside RF
3- Step RF to Right side
4- Cross LF over RF
5- Step RF to Right side

6- Recover on LF (weight on LF)

SEC.VI - CROSS, LEFT CHASSE, TWINKLE TO LEFT

1- Cross RF over LF
2- Step LF to Left side
&- Close RF beside LF
3- Step LF to Left side
4- Cross RF over LF
5- Step LF to Left side

6- Recover on RF (weight on RF)

SEC.VII - FWD BASIC WALTZ 1/2 TURN LEFT, BASIC WALTZ BWD

1- Step LF fwd

2- Turning 1/2 turn Left stepping RF back

3- Close LF beside RF with slide (weight on LF with RF change knee pop)

4- Step RF back

5- Close LF beside RF with slide (change RF knee pop)

6- Step RF in place (weight on RF with LF change knee pop)

SEC.VIII - STEP FWD, 3/4 TURN LEFT, CROSS, 1/2 TURN RIGHT

1- Step LF fwd

2- Make a 1/2 turn Left stepping RF back

3- Turn 1/4 turn Left step LF to Left side with hinge

4- Cross RF over LF

5- Step back 1/4 turn Right stepping LF back

6- Turn 1/4 turn Right step RF to Right side with hinge (weight on RF)

Begin again - Enjoy & have fun!

Happy New Year 01-01-2024

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