

I'm Lost Bouncing in MM

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: V. Allen L. Isidro (USA) - December 2023
音樂: Autograph - Dallas Smith
或: Perdido En Tus Ojos (feat. Natti Natasha) - Don Omar



Music:

Autograph by Dallas Smith (country, good for training)

Perdido En Tus Ojos by Don Omar & Natti Natasha (Latin-pop rhythm)

Set 1 Ball, cross, side, sailor shuffle, sailor shuffle, bounce, bounce

&1-2, 3&4 Ball R - cross L - side R - sailor behind L - recover R - side L

5&6, 7-8 Behind R - recover L - side R - L&R heels up-down 2x angled 10:30

Set 2 Ball, cross, side, sailor shuffle, sailor shuffle, bounce, bounce

&1-2, 3&4 Ball L - cross R - side L - sailor behind R - recover L - side R

5&6, 7-8 Behind L - recover R - side L - L&R heels up-down 2x angled 1:30

Set 3 Syncopated K steps, ½ turning jazz box

1&2&3&4& Diagonal R (1:30) - touch L - diagonal back (7:30) - touch R Diagonal back R (4:30) - touch
L - diagonal L (10:30) - brush R

5-6-7-8 Cross R - side L - ½ turn side R - together L (6:00)

Set 4 Step, forward mambo, back mambo, scissor cross, ¼ turn bounce

1-2&3-4&5 Step R - forward mambo L - R - L - back mambo R - L - R

6&7-8 Side L - behind R - cross L - R&L heels up-down ¼ turn bounce 9:00

START ALL OVER ON NEW WALL

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